

Sexual Battles: Experiencing Lasting Victory over Sexual Sin (Volume 1)

By Seun Okikiola

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Dedication

As my senior partner, teacher, instructor, guide, friend, and comforter, the Holy Spirit always adds a unique flavor to life, and makes my journey through life unique, exciting, and full of hope. Therefore, I dedicate this book to the Holy Spirit, as an awesome and effective tool for the transformation of destinies, homes, and relationships with God.

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INTRODUCTION

Born and raised the only child of an alcoholic father and a mother who was once a hooker, Lisa had grown up in an environment that was full of perversion and lust.

She had seen it all. She felt that her home life was, at times, as though she was watching a live pornographic drama.

At the age of ten, Lisa had seen her alcoholic father come home with other women at times that her mother was not home. She had seen her father, Tom, break his marriage vows of faithfulness and defile his matrimonial bed with woman after woman.

Lisa's mother, Jane – who still struggled to break free from her immoral and lustful past – did all she could to ensure that Lisa did not follow the path she had taken into prostitution and sexual addiction. Despite being married, Jane could not help but fall for the temptation of having extramarital affairs with affluent men.

By the age of fifteen, Lisa had already been exposed to many forms of sexual experimentation, which quickly grew into full-blown sexual affairs. Blessed with astonishing beauty, Lisa was the girl every guy wanted. Although Lisa knew she was on the wrong path, she could not help succumbing to the wooing of guys who wanted her just for sex. She was in an endless cycle of hoping that the next guy she would meet would be someone who loved her for who she was. She knew there had to be a guy out there who wasn't just after her body, but loved and accepted her completely.

Shortly after her eighteenth birthday, Lisa's accumulation of guilt and regret had become too much for her. Not knowing where to turn, she finally accepted the offer of a friend who had been trying to get her to come along to a youth fellowship. That evening, Lisa knew that she had been touched by the power of Jesus. She fell to her knees and gave her life to Jesus Christ, accepting him as her Savior and Lord.

That night was a turning point for Lisa. Suddenly, she felt that a new life had been given to her, and she was excited at the prospect. A youth leader had shared with Lisa the promise from the Bible stating, “Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new” (2 Cor. 5:17).

Full of vibrancy and passion for Jesus, Lisa decided that she needed to leave her old life and begin anew. Unfortunately, her past had not left her. She was soon to discover that it was not going to be an easy road to complete recovery and renewal. Sometimes, she was struck with an urge to indulge in the pleasures of her past.

She also still lived with her parents, which meant that she was often exposed to the immoral issues that pervaded her home.

Finally, the daily struggles she had to face became too much. Lisa decided to talk to Dan, who went to the church Lisa had begun attending. Dan was a young man who exuded vibrancy and passion for the things of God. Dan was married and had two sons.

Lisa had come to trust Dan as a confidant and counselor. He had an astute knowledge of the Bible and although he wasn't a pastor, many young people looked up to him as a good brother in the Lord.

Lisa met Dan a couple of times and poured out her heart to him, hoping to get some help and godly counsel. During her third meeting with Dan, however, Lisa was shocked when he began to make obvious attempts at starting a sexual affair with her. Confused and filled with disappointment, Lisa wondered where to turn for help next.

Unknown to Lisa, Dan had been secretly struggling with a pornography addiction. His struggle with pornography addiction had made it difficult for him to control his own desires when face to face with a young and beautiful woman like Lisa.

What should Lisa do? What about Dan? And is there any hope for Lisa's parents?

Friend, the story of Lisa demonstrates three categories of people for whom this book has been written.

The first category of people is represented by Tom and Jane, Lisa's parents. This category of folks has been caught up in the lustful ways of the world for so long that they don't really know any other way to live. For years, they've allowed adultery, fornication, homosexuality, and all sorts of sexually immoral habits such as porn addiction to become a lasting part of their personal lives.

Many who fall into this category have been ravaged through the effects of lust and don't know where to find help and deliverance from their addiction. They have no understanding of the work of the Cross or the saving power of Jesus.

The second category of people this book is written for is represented by Lisa. These are folks who have once been in the world, yet at some point in their life, they gave their hearts to Jesus. Somehow, they find themselves still struggling with a past they thought they had left behind long ago.

Like the Israelites of old, who had been delivered from Egypt by God's miraculous power, this category of people had been delivered through the miracle working power of the Cross. However, despite leaving Egypt, the Israelites still craved for the pleasures of Egypt [Exodus 16:3]. Egypt still remained within their hearts. So also, this category of people Lisa represents left their past. But their past still ruled their heart and dragged them back.

Dan represents the third category of people this book is meant to help. These are folks who have been in the Church for a while. They are Christians, but they struggle with sexual addictions. Some of these folks have been in the Church from childhood, but secretly they battle with addiction to pornography, adultery, fornication, masturbation, lesbianism, homosexuality, and all manner of lust. Because of the strong stigmas attached to these issues in the Church, they often don't know where to turn for help and struggle in silence, alone.

Within this category in the Church today are some Pastors, Elders, Deacons, Ministers, and Leaders. They are only human, and as such, they face sexual temptations. They often succumb in secrecy and don't know who they can talk to or how to avoid succumbing to temptation.

Sometimes, the cat creeps out of the bag and the dark secret is discovered. Their struggles dovetail into widely known sexual scandals that often divide or collapse their Church, and lead many astray in the process, through disillusionment and hurt feelings.

If we are honest with ourselves, we will all acknowledge that the struggle with sexual temptation is something each one of us has faced at one point or another in our lives.

It's like a battle, a sexual battle. These battles are ones we often fight within the confines of our minds – invisible to others. Some people overcome in these battles while others do not. Some emerge victors and are able to maintain a pure heart before God. Others fall to the temptation and emerge as victims, with many of them ending up with addictions that perpetually tie them down to a life of sin.

A variety of surveys carried out over the last decade reveal the alarming rate at which many folks have ended up as victims of these sexual battles.

In a survey conducted among pastors, the top sexual issues they identified to be causing damage to their congregation included: pornography addiction (57%),

sexually active unmarried adults (34%), adultery of married adults (30%), sexually active teens (28%), and sexual dissatisfaction (16%). Taking a deeper look at the statistics and facts on each of these issues, we discover much more.

According to Covenant Eyes Porn Statistics Annual Report 2014,

- 50% of all Christian men and 20% of all Christian women say they are addicted to pornography.
- Regular church attendees are 26% less likely to look at porn, however, self-identified "fundamentalists" are 91% more likely to look at porn.
- 9 out of 10 boys and 6 out of 10 girls are exposed to pornography before the age of 18.
- 68% of young adult men and 18% of women use pornography at least once every week.
- 67% of young men and 49% of young women say viewing porn is an acceptable way to express one's sexuality.

According to Family and Safe Media, 47% of Christian families admit to having a pornography problem. A poll conducted by ChristiaNet.com revealed that 50% of Christian men struggle with pornography addiction.

Amazingly, this doesn't exclude pastors. According to a survey by Pastor Rick Warren's website, Pastors.com, 54% of pastors admitted to viewing internet porn in the last year and 30% admitted to accessing such sites within the past month.

With respect to sex outside the confines of God's ordained institution of marriage, the figures are equally unsettling. In a study conducted by the National Campaign to Prevent Teen and Unplanned Pregnancy, it was discovered that 88% of unmarried young adults (ages 18-29) are having premarital sex, while 80% of unmarried Christian young adults have had sex. Of this 80%, 64% had sex within the last year while 42% were in sexual relationships.

According to Rape, Abuse and Incest National Network (RAINN), every two minutes another American is sexually assaulted.

The average person might tend to think that men are the main ones who succumb to sexual addictions. But the truth is that women also struggle. Women are not excluded from sexual battles.

In a poll conducted in 2012 among high school senior girls in the United States, it was discovered that 53% of high school senior girls have had sex within the previous three months and 19% have had sex with at least four different partners. Peer pressure is strong for these young women. They are often only just beginning to find their place in society and trying to discover who they are and what they want out of life, and are already inundated with strong pressure to conform to the “average” sexually active lifestyle.

The poll conducted by ChristiaNet.com on personal sexual conduct revealed that 60% of the women who answered the survey admitted to having significant struggles with lust. In addition, 40% admitted to being involved in sexual sin in the past year. Of the churchgoing female poll participants, 20% struggled with porn addiction.

Clearly, sexual battles are not solely an issue faced by males. Men and women, both young and old, are involved in this battle. And unfortunately, many have become victims.

I could go on and on with alarming statistics on other issues such as adultery, masturbation, homosexuality, bestiality, and all manner of sexual addictions and immorality, but the purpose of this book is not to castigate or overwhelm the reader.

Rather, the purpose of this book is to help those who have become victims to sexual battles, and to bring them into an undeniable encounter with the saving power of Jesus.

My vision for this book is for it to become an instrument of help for those struggling with sexual sin. My vision is to help my readers know that they can conquer the lust that is so prevalent in the world today. Above all, my vision is to help believers become expressions of God's gift of righteousness.

Today, sexual immorality has crept into the culture of many societies; many Churches shy away from dealing with this issue because it is such a hot and "touchy" topic. When some pastors try to teach on how to overcome sexual sin, they seem unable to connect with those who struggle with sexual immorality such as porn addiction or adultery because they have no idea what it feels like to be affected by such issues.

Friend, I write this because I have a deep and personal understanding of what it feels like to struggle with an addiction. I know what it feels like because I've been there. Exposed to pornography as a teenager in high school, I was beset with a masturbation addiction as well as a porn addiction.

If you feel weighed down by the guilt of sin and the feeling of being unworthy of God's grace and mercy, I've had firsthand experience with such depressing emotions. If you have asked God for forgiveness, yet find yourself falling back into the same sin, I've been there also. If you have been addicted to lust to the point where you lose your cool until the lustful urge is satisfied, I'm no stranger to that.

For many years I struggled to be free. My Christian life was like a rollercoaster. At one moment I would be on fire for the Lord, and the next day I would be slammed to the floor by the lust that was at work within me. Clearly, being zealous in Church was not a guarantee for victory over sexual addiction. That's why the Church is not a stranger to sex scandals and sin.

I didn't know how to be freed from these issues. I had prayed, fasted, attended services, and done all that I thought I could do. My struggle continued until one day the Holy Spirit said to me, "I will teach you how to overcome sexual sin." The

Holy Spirit stepped into my life with the gentleness and longsuffering that only God's Spirit possesses.

Until that moment, I had no idea of what I was really fighting. In the world today, so many people engaged in sexual battles are fighting something they know nothing about, just like I was. How can anyone expect to win a battle when they don't know their enemy, and have no idea what weapon to use? This is why God said:

My people are destroyed from lack of knowledge...

Hosea 4:6

I settled down with the Holy Spirit and the Word, and began to listen and receive. As I began to practice the things that the Holy Spirit taught me and as I yielded myself to the leading of the Holy Spirit, I began to experience a miraculous transformation. I was being set free. In John 8:31-32, Jesus said:

31...If you abide in My word [hold fast to My teachings and live in accordance with them], you are truly My disciples.

32 And you will know the Truth, and the Truth will set you free
(Amplified Version).

In this book, I will be sharing with you the same things the Holy Spirit taught me during the months I spent learning from Him. These are teachings that are firmly rooted in the Word of God.

In the volume one of this book, I will be laying the foundation for the practical steps you must take to experience lasting victory over sexual sin. This is essential because a house that will last through a storm is one that is built on a solid foundation. Remember, the essence of this book is to help its readers experience *lasting* victory over sexual sin.

In the volume two of this book, I will be building on the foundation laid in volume one, as I share on some practical steps you must take to experience lasting victory over sexual sin. Many folks are taking steps to overcome sexual sin, without a foundational knowledge and understanding of the root cause of sexual sin. It is like building a house without foundation. That is why they keep rising from sexual sin and falling back into it. This is why I strongly recommend that you read the volume one and volume two of this book.

Also, ensure that you read this book prayerfully and carefully. The words alone will not cause a transformation within your heart and spirit. It is when you allow the Spirit of God to lead you on the journey to a life of freedom from sexual sin, as you read this book, that you will find healing and experience a supernatural transformation.

...for the letter kills, but the Spirit gives life

2 Corinthians 3:6

...for it is God who works in you to will and to act in order to fulfill his good purpose

Philippians 2:13

As we begin the journey through this book, get ready for an encounter that will change your life forever! My prayer is that you will come to know the truth that will truly set you free in an effective and lasting manner.

At the end of each chapter in this book, you will find some prayer points. Please endeavor to pray in line with these points as you end each chapter. You will discover that prayer is a key to God's miraculous transformation taking place in your heart and spirit.

Spend quality time praying these prayers, and do not end there. Let the prayers be a starting point from which you can continue praying according to the desire of the

Holy Spirit working in your life. Such prayers will serve as the gateway via which you will encounter the transforming power of the Holy Spirit in your journey.

You will also find action steps at the end of each chapter. These tips, ideas, and points to meditate upon are to aid you in taking steps that will enable you to live in lasting victory through the power of Jesus Christ.

As you read through this ebook, you will come across some key points, which are few but powerful words that can change a person's life and destiny. Below these key points are links that will allow you to easily share these powerful key points with your friends on twitter and facebook with just a few clicks.

As you share these key points, please endeavor to maintain the link that appears on your twitter and facebook timeline. This line will help your friends access this eBook after reading the key point you have shared with them. With the viral nature of Social Media Network, you never can tell how many lives will be transformed by this little effort from you.

As you read, please feel free to share your comments, testimonies, feedback, or questions with me. My email address is seunokikiola@gmail.com I would be glad to receive and respond to your message.

God bless you as you embark on a journey of healing, deliverance, and transformation.

CHAPTER ONE

UNDERSTANDING THE HUMAN NATURE

Then God said, 'Let us make mankind in our image, in our likeness...'

Genesis 1:26

When you want to cut down a tree and you don't want the tree to grow again, cutting it from the trunk would be a waste of time. Rather than cutting it from the trunk, you should uproot it. When you take a tree out from the root, you kill its potential to grow again.

This truth exists in one of the greatest principles of life, which I learnt many years ago. It's the principle of cause and effect, which simply states that for every effect, there is a cause. If you want to eliminate an effect, you need to eliminate the thing that caused the effect. You cannot eliminate the effect by eliminating the effect. If you do, the effect will resurrect, because the cause remains.

All too often, in our attempt to deal with issues or struggles, we tend to focus on trying to eliminate the effect – the consequences – instead of locating the cause and eliminating that instead. Tying up a huge bull that tried to chase you is no guarantee that he won't chase you again once it has been set free. But when you understand that the bull chased you because you're wearing a red shirt, you can take off the red shirt and avoid being chased again.

The quickest and easiest way to conquer an army is to eliminate the commander, as he is in charge of any action that takes place. Once the commander (cause) is eliminated, the army (effect) will flee.

When you study the way God functions and works with His children and His creation overall, you'll realize that God deals with effects – or issues – by dealing with the cause. For instance, when the Israelites cried to God for help in Egypt, their sole focus was their bondage [Exodus 2:23]. But God knew that Pharaoh was

the cause of their bondage [Exodus 1:8-11]. Even after the Israelites left Egypt, Pharaoh came after them. God decided to eliminate Pharaoh so that they would be completely free from the cause, which would ensure they were free from the effect (the bondage).

The reason many folks struggle with long-lasting issues is because they lack understanding of the root cause of the problem they are dealing with. They engage in a lifetime of effort and struggles, or they simply give up the struggle and succumb as victims of the problem they face. The same applies to the struggles many people have with sexual addictions. They lack understanding of the root cause of their desire to fornicate or commit adultery. They don't know why they have a porn addiction or masturbation addiction, so they have no way to deal with the effects.

Many people who struggle with sexual immorality blame the media, current fashion trends, or the internet for their lust. I did the same until I found myself ravaged in lustful desires even after great effort on my part to distance myself from these things that I blamed and regarded as the cause of my addictions.

What is the cause of lust? Why do people desire sexually immoral pleasures? What is the cause of sexual sin?

THE SINFUL NATURE

We are not sinners because we sin. If we were sinners only because we sin, then we would become saints immediately after we stop sinning.

Over time, I've met some folks who are not Christians, yet in terms of morality, they seem to live a better life than many Christians. You never find them doing those things that we regard as sin. They are honest, peaceful, loving, forgiving, and so on. In considering such people, we would be wrong to conclude that they are not sinners just because they do not sin.

What makes us sinners is not the act of sin, but the nature of sin.

At creation, man was made in God's image [Genesis 1:26]. But when Adam disobeyed God, Adam became sinful by nature. Since we all are descendants of Adam, we inherited that nature of sin through birth.

From mere observation, I've come to realize that some sinful habits are hereditary. Look around you and you'll find that some folks struggle with the same habits that their parents or even their ancestors struggled with. Even in relation to sex, some folks simply continue the same pattern of immorality or adultery that their father or mother exhibited.

This is proof of the fact that sin is an inherent nature in man. Every act of sin emanates from this nature of sin. We sin because we have the nature of sin, and it is not as simple as it may seem to merely decide to stop sinning without the help of God.

KEY POINT

WHAT MAKES US SINNERS IS NOT THE ACT OF SIN, BUT THE NATURE OF SIN

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Many folks in Church struggle to live a holy life, but they are more concerned with eliminating the act of sin than eliminating the nature of sin. Every time they think they have overcome a sinful habit, they find themselves back in it after a while. They focus on the effect rather than the cause.

Therapy and counseling can be helpful. Taking precautions is good. But none of these are sufficient in effectively dealing with sin in a lasting manner.

A pornography addict could decide to cut off his internet connection at home to avoid the temptation of pornography. But what happens when he is in the office, all alone, with an unrestricted access to the internet? Lust still remains in his heart and he will most likely succumb to the temptation.

An unfaithful wife could decide to disassociate herself from a sexual partner with whom she had previously committed adultery. But what happens when she's under pressure to have sex with her boss for a promotion?

Friend, until the sinful nature within you is dealt with, your victory over sin is not guaranteed. Until there is a genuine spiritual transformation of your nature, the battle with sin continues.

FUTILE STRUGGLES

Paul said:

***I do not understand what I do. For what I want to do I do not do,
but what I hate I do***

Romans 7:15

Friend, until your nature is renewed, your struggle will continue. Many folks try to overcome sexual addictions by their effort. Some go for counseling, therapy, and all manner of things. Some pray, fast, and even attend services where they receive anointing and prayer. Yet they go back to their old ways and never seem to win a lasting victory over their past.

The reason for this is that their sinful nature still remains in them. The prayers, fasting, anointing services, or laying on of hands often proves to be effective, but

only temporarily. It keeps them away from these habits for a while. But over time, their sinful nature resurfaces; they are back to their past.

Do you remember the story of Joseph in Genesis Chapter 39? Joseph had the opportunity to sleep with Potiphar's wife, yet he didn't. Instead, he fled.

It wasn't as if Potiphar's wife was not beautiful. As the wife of the Pharaoh's chief of staff, you should expect that she had a great level of beauty that any man would be attracted to. Joseph could easily have slept with her without anyone knowing. But Joseph refused. Instead, he preferred to go to jail.

Why?

He had a renewed nature.

Until you are transformed from within, your victory over sin will remain nothing more than a wish and an illusion.

KEY POINT

UNTIL YOU ARE TRANSFORMED FROM WITHIN, YOUR VICTORY OVER SIN WILL REMAIN NOTHING MORE THAN A WISH AND AN ILLUSION

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PRAYER POINT:

Heavenly Father, please show me the places in my life where the nature of sin is being allowed to remain part of me. Open my mind and heart to truth from Your Spirit, and help me to experience a true transformation from within to gain lasting victory over sin.

CHAPTER TWO

THE DEVICES OF THE ENEMY

Our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

Ephesians 6:12

Every physical manifestation that we see in the world around us has its root in the spiritual. That's why an understanding of how the spiritual dimension affects immoral habits and addictions is very crucial.

Many are in bondages they know nothing about, and because they know nothing about them, they have no way to gain freedom from their bondage. Meanwhile, the devil is having a great time playing on their ignorance and keeping them in chains to their addictions and lust. In Hosea 4:6, God laments about how many Christians are destroyed because they lack knowledge:

My people are destroyed for lack of knowledge. Because you have rejected knowledge, I also will reject you from being priest for Me.

Friend, the devil counts on our ignorance, and he capitalizes on it in waging war against God's people. It is one thing to be whipped and beaten by someone you can see. It's another thing to be overcome by an invisible being from the world of the spirit. How do you deal with such a being?

Right from the fall of man, we find the devil effectively engaging his strategy of preying on man's ignorance. In Genesis 3:1-5, the Bible says:

1 Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?"

2 The woman said to the serpent, "We may eat fruit from the trees in the garden,

3 but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.'"

4 "You will not certainly die," the serpent said to the woman.

5 "For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil."

God had given clear instructions to Adam and Eve regarding what they were allowed to eat. Eve knew that the consequence of eating the fruit of that tree was death. What she did not know was that the death God was referring to was a spiritual death, not a physical death. She was also ignorant of the fact that this death would cause her and Adam to be expelled from the Garden of Eden, separated from fellowship with God, and plunged into a life of struggle and pain. It was this ignorance that the devil capitalized on, and through it he was able to drag the whole of humanity under the curse of sin, including lust and every form of sexual immorality.

Having a clear understanding of the gimmicks and antics of the devil is crucial. As Paul the Apostle said,

Lest Satan should get an advantage of us: for we are not ignorant of his devices

2 Corinthians 2:11, NKJV

You can speak in tongues, quote scriptures, engage in spiritual warfare, and even cast out demons, but if you lack an understanding of the devices of the devil, you will be "schemed" out!

This is the reason why many Christians, including men and women of God, end up falling into sexual sin. If you cannot decipher the devil in his subtleness, your victory over sin may be short-lived. But discovering his devices is often similar to

being able to detect a green snake in green grass. This is why many folks struggle with sexual immorality, porn addiction, fornication, and other outcroppings of lust and sin for years ... sometimes for a lifetime. One moment they think they're free; the next moment, they're right back in the middle of everything they strived to rid their lives of.

KEY POINT

**IF YOU CANNOT DECIPHER THE DEVIL IN HIS SUBTLENESS, YOUR
VICTORY OVER SIN MAY BE SHORT- LIVED**

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THE PRIME TARGET

I have watched quite a number of movies that depict what wars were like in the ancient times – those days when arrows, swords, shields, and horses were the primary weapons of war. I used to watch a lot of movies that depicted battles in the ancient Roman and Grecian empires.

In these battles, kings often led their armies to war. However, the moment the king was shot down by the enemy, his army was as good as defeated.

When two armies led by two kings met against each other in war, one king had to fall or surrender for the battle to end. It's just like the game of chess. Until the king is down, the "battle" is on.

The king is the center of control for that army. He is the commander-in-chief, the brains of the army. That makes the king the prime target.

In every person's life, there is a center of control that directs the affairs of his or her life. That center of control is your heart. Whatever dominates your heart dominates your life. That's why the Bible says, in Proverbs 4:23:

Above all else, guard your heart, for everything you do flows from it..

Whatever gains control of your heart has gained control of your life. The devil's prime target is your heart. That attractive woman or handsome and irresistible man is not the issue. The real issue is your heart.

That person you fantasize about is not the real issue. The real issue is your heart.

KEY POINT

WHATEVER DOMINATES YOUR HEART DOMINATES YOUR LIFE

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Every desire of man starts from the heart. Sexual temptations usually end up having a physical manifestation. There's a nearly irresistible urge in your flesh. When it gets so strong, it can make you feel as if you can't survive without satisfying the urge.

However, as physical as this desire may be, it starts within the heart. It starts with the thoughts we allow in the heart.

The temptation to sit down and watch a pornographic movie doesn't just jump on you out of nowhere. It starts with thoughts, which soon translate into desire. If meditated on and allowed to develop, that desire will soon become action.

In Second Samuel Chapter 13, Amnon, one of King David's sons, was full of lust for his half sister. Second Samuel 13:1-2 says:

1 In the course of time, Amnon son of David fell in love with Tamar, the beautiful sister of Absalom son of David.

2 Amnon became frustrated to the point of illness on account of his sister Tamar, for she was a virgin, and it seemed impossible for him to do anything to her.

Amnon's mind was filled with sexually immoral imaginations, which translated to a fleshly desire that could not be fulfilled. In his mind, he had sex with Tamar so many times before he ever committed any physical act. He couldn't bring his imaginations into physical manifestation. That resulted in his frustration and illness.

This sad story ended up with Amnon raping Tamar. His crime, besides the terrible sin it is in itself, also destroyed his relationships with those in his family; he ended up being killed by Tamar's brother, Absalom.

Friend, every man or woman's mental faculty – what the Bible often refers to as “the heart” – is the control centre of his or her life. The body responds to whatever preoccupies the mind. That's why your mind is the devil's primary target.

The devil knows that once he gains a foothold in your mind through immoral and unholy thoughts, he has gotten a hold of your life and he can effortlessly plunge you into sexually immoral habits or patterns that you will struggle with for many years, if not a lifetime. It would be easy to say, “Well, I'm not addicted to porn. I don't have a masturbation addiction. All I do is fantasize about sex.” But thoughts easily take root and grow into more than just thoughts.

Soon, it's nearly impossible not to act upon such thoughts and fantasies.

Many folks, especially in the Church, are engaged in struggles with sexual sin simply because they are ignorant of this fact. Some know that the mind is a battleground, but they still pay little attention to this vital truth. It's not enough to have people of faith lay hands on you, or to get men and women of God to pray for you and counsel you. If your mind is exposed, your struggle will continue.

You can't expose your mind to anything evil, immoral, or lustful, and not get hit by the "fiery darts" of the devil.

When I was struggling with my addictions, I did so many different things in an effort to be free from these evil strongholds. I fasted, prayed, attended all manner of anointing services, and tried other things to be delivered, but I kept returning to these things I tried so hard to break free from. My life was similar to the warning of Proverbs 26:11:

As a dog returns to his own vomit, so a fool repeats his folly
(NKJV).

This discouraging and unhealthy cycle continued until I began to make a practice of following Proverbs 4:23, which states:

Keep your heart with all diligence, for out of it spring the issues of life.

I needed to guard my heart.

It doesn't matter how much anointing your Pastor has. It doesn't matter how many times you're anointed. It doesn't even matter if you've been soaked with the anointing. The moment you allow your mind to be dominated by sexually immoral thoughts, you're hooked!

Certainly, the anointing breaks every yoke of addiction. But it is one thing to be set free, and it is another thing to remain free. If the anointing sets you free yet you still entertain unholy thoughts in your heart, you will be on your way back to your past. And the words of the apostle Peter comes into play:

21 For it would have been better for them not to have known the way of righteousness, than having known it, to turn from the holy commandment delivered to them.

22 But it has happened to them according to the true proverb: 'A dog returns to his own vomit,' and, 'a sow, having washed, to her wallowing in the mire'

2 Peter 2:21-22, NKJV

Many Christians, including anointed men and women of God, fall into sexual immorality and remain in bondage to sexual addictions and unhealthy sexual habits because they do not remain free. And they do not remain free because their hearts, their minds, still entertain lustful imaginations.

Friend, the sexual battle is not an issue of your location. It doesn't take place at the point where you're alone with that man or woman you have been fantasizing about. Neither does it take place in the bedroom, club, office, or hotel. It takes place in the mind. That's where the devil wants to capture you; your mind is his prime target.

THE POWER OF THE MIND

Why is the devil so interested in our mind?

All too often, we tend to underestimate the power of the mind. That's why many folks live a life that is far less than their full potential.

Every great thing that you see around you started from someone's mind. Look at the great buildings around you. Despite the fact that they could be a thousand times bigger than you are, they all started from someone's mind.

In Genesis 11:1-9, some folks gathered to build a tower that would reach heaven. They had imagined it in their mind. Their imagination was transformed into a strong desire. Eventually, they started building the tower and even God knew that they could not be stopped unless their imagination was disrupted.

The Amplified Bible states:

And the Lord said, Behold, they are one people and they have all one language; and this is only the beginning of what they will do, and now nothing they have imagined they can do will be impossible for them

Genesis 11:6

God disrupted their imagination, which thrived on association with one another, by bringing confusion among them.

Unless you cast a thought out of your mind, it is bound to become a desire. The longer the thought dwells in your heart, the stronger that desire will become.

In as much as good thoughts can translate into good desires, bad thoughts eventually translate into bad desires.

No other person knows a product better than its manufacturer. God, who created you and me, knows us so well. He understands the tremendous capacity of the mind. That is why Jesus stated that lust in the heart is as much a sin as adultery or fornication [Matthew 5:28]. He knew the power of the mind, for good and for evil.

KEY POINT

IN AS MUCH AS GOOD THOUGHTS CAN TRANSLATE INTO GOOD DESIRES, BAD THOUGHTS EVENTUALLY TRANSLATE INTO BAD DESIRES

~::~

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Many years ago, I had a colleague who loved to admire women's bodies. While we would be walking on the road, he would begin to look at a lady as though he had seen an alien creature from a distant planet. Then he would begin to talk about how much he liked the lady's body.

At this time, he had never had sex. One day, I tried talking to him about this growing habit of his, and sharing with him my concern about what it might grow into. He said to me, "I'm just admiring God's creation. I don't think there's anything wrong with that."

Many months later, he got into an unhealthy sexual affair. The lustful imaginations of his mind and heart had sparked a burning desire that plunged him into fornication.

James 1:14-15 says:

14 ...but each person is tempted when they are dragged away by their own evil desire and enticed.

15 Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

The devil also knows and understands the power of the mind. If the "atoms" that make up your being could be weighed, your mind will probably be less than 20%

of your physical makeup. It makes great sense, then, for him to capture that small “less than 20%” of the human being, which controls the remaining “more than 80%” of the human being.

THOUGHT SEEDS

Now that you understand how vital and powerful your mind is, you can see why the devil will do everything he can to lay claim to your mind, in any way possible. And because sexual issues are considered personal and private, they are a fairly easy way for the enemy of the soul to gain entrance without public notice.

Other people, even parents, close friends, or other family members, often feel awkward and out of place asking about or giving counsel on sexual matters. Such conversations are pretty much taboo, especially within the Church, which gives the devil free reign without getting caught.

The devil doesn't have to literally control or possess a person's mind before he can conquer that person and bring him down in sin. All he has to do is sow a thought.

Thoughts are powerful. And when they come from the devil, they are like a virus. The moment you allow a thought or temptation from the evil one settle in your heart, it attacks your conscience and weakens your will.

No matter how strong a will is, all it takes to melt that will is a single thought. That's the potency of thoughts.

There are many folks who make vows not to commit adultery, or watch porn, or masturbate, or commit a lustful act, yet they find it difficult to keep their vows. They end up breaking their own promises to themselves and God because their minds are still preoccupied with lustful thoughts.

KEY POINT

NO MATTER HOW STRONG A WILL IS, ALL IT TAKES TO MELT THAT
WILL IS A SINGLE THOUGHT

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The devil understands the power of the mind and he often subliminally sows thoughts into people's minds. I'm referring to thoughts that stir up lust and weaken the ability of men and women to resist sexual temptations.

As a result of Satan's stronghold over the media, entertainment, fashion, and other industries that strongly impact our cultures and ways of life, the devil orchestrates trends that are wrapped around perversion.

For instance, in the fashion industry, trends seem to be moving towards fewer and more revealing clothes on women. After Adam and Eve' fell from grace, God clothed them to cover their nakedness. Today, fashion is "unclothing" people and bringing them ever closer to being naked and completely uncovered.

Another example is in sexuality. God created Adam and Eve, man and woman, and blessed such their union. Today, men lust after men, women lust after women, and governments are legalizing homosexuality and gay marriage.

You pick up an average movie and you will find at least one sex scene in it. Yes, God did create sex and told Adam and Eve to be fruitful and multiply, but He also created the sanctity of marriage between man and woman – the only institution within which sex is appropriate.

You see an advertisement with a beautiful or handsome model. But on second thought, you wonder what is being sold: a product or the model's body?

I could go on and on with examples. But the amazing part is that we now see nothing wrong with these things. We accept them as societal trends and fads. Little do we know that they are baits set to take our minds hostage through ungodly thoughts, which are seeds that germinate and produce lustful desires. These lustful desires then grow into sinful acts and habits.

Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death

James 1:15

Unfortunately, many folks do not become conscious of the whole process until they find themselves with a strong lustful desire that has crippled their desire to remain faithful to their marriage, or to abstain from fornication.

Let's take a look at Jesus' parable of the weeds, which is a perfect illustration of how the enemy sows thoughts in the mind of many folks, especially Christians:

24 ...The kingdom of heaven is like a man who sowed good seed in his field.

25 But while everyone was sleeping, his enemy came and sowed weeds among the wheat, and went away.

26 When the wheat sprouted and formed heads, then the weeds also appeared.

27 "The owner's servants came to him and said, 'Sir, didn't you sow good seed in your field? Where then did the weeds come from?'

28 "An enemy did this,' he replied. "The servants asked him, 'Do you want us to go and pull them up?'

29 "No,' he answered, 'because while you are pulling the weeds, you may uproot the wheat with them.

30 Let both grow together until the harvest. At that time I will tell the harvesters: First collect the weeds and tie them in bundles to be burned; then gather the wheat and bring it into my barn'

Matthew 13:24-30

The owner of the field had sown good seeds, just like God uses His servants and their messages or sermons to sow good seeds in the mind of Christians. But the enemy came and sowed bad seeds.

Did you notice the time that the devil came? He came in the night. It was when they were in a state of unconsciousness, when they were sleeping – unaware of what was going on around them. It was a time when they thought everything was alright, that nothing could go wrong because the seeds had already been sown. They didn't think of or care about guarding the field, just like many Christians do not care about guarding their heart from negative and ungodly thoughts.

First Corinthians 10:12 warns us:

So, if you think you are standing firm, be careful that you don't fall!

The servants did not even realize that the enemy had sown weeds among the wheat. As a matter of fact, many days had passed before the servants discovered what had happened. By then, it was too late.

The sad truth is that many folks are very insensitive to the enemy's work of sowing seeds of lust in their mind. Because of this, they remain unaware of any problems until they are so full of their lustful desire that their conviction to keep sin out of their lives is weakened.

THE STRONGMAN

Addictions are strongholds. And behind every stronghold is a strongman.

Mark 3:27 gives us insight to this:

In fact, no one can enter a strong man's house without first tying him up. Then he can plunder the strong man's house.

While studying demonology, one thing I realized was that the devil's kingdom is highly structured and organized. The devil is not omnipresent, yet you can see his works everywhere. This is no coincidence; it is a structured hierarchy of evil spirits.

There are demonic spirits set in charge of territories. In Daniel 10, we find an account of the prince of the kingdom of Persia wrestling an angel of God that had a message for Daniel. This evil spirit controlled the Persian territory and promoted the devil's agenda there.

This has not changed. Nations, states, communities, towns, and territories today have a strongman, an evil spirit, a demon that promotes the devil's agenda. Their goal is to win those territories to Satan, and make Satan the lord of those territories.

Just like demonic strongmen stand over and try to control territories, they also make the attempt to control industries, religions, governments, families, and many more structures and units.

I could share a lot more on these, but the most important point right now is for you to understand that there are strongmen that promote all forms of sexual sin. Every manner of sexual addiction and lustful habits is the work of these strongmen.

These strongmen have quite a lengthy job description, and they have many underlings to assist them in accomplishing their evil agenda.

They promote cybersex, porn addiction, adultery, bestiality, fornication, homosexuality, masturbation addiction, incest, fornication, and all forms of sexual sin.

One strongman is called the spirit of perversion.

The LORD has mixed a perverse spirit in its midst: and they have caused Egypt to err in her every work, as a drunken man staggers in his vomit

Isaiah 19:14, KJV

This spirit holds people in captivity for years, some for the duration of their lives – from the time they allow the spirit in until the moment their lives end on this earth. It's a spirit that keeps men and women bound in perversion and tries to make wrong appear to be right, what is evil and harmful appear to be harmless and fun. Paul, speaking to Elymas – a sorcerer who was trying to turn people away from the faith – said:

You are a child of the devil and an enemy of everything that is right! You are full of all kinds of deceit and trickery. Will you never stop perverting the right ways of the Lord?

Acts 13:10

At the same time that it keeps people bound in addiction, the spirit of perversion blinds them with the ideology that there's nothing wrong with what they are doing. It tries to make them comfortable and satisfied in their captivity, and completely blind to their sad and fallen state.

Today, many folks in the church feel it's alright to engage in fornication. As a matter of fact, sex during courtship has become the norm among folks that claim to be Christians. If you search the internet, you'll easily find people telling you that

masturbation is healthy, or you'll see a gay activist telling you there is nothing wrong with being a homosexual.

This is all the work of the spirit of perversion. It seeks to justify the wrong, and to remove all boundaries and guidelines, in order keep people comfortable with perversion and to cripple their resistance.

When this perverse spirit gets a hold of a person through sexual addictions or immorality, only the power of God can set such a person free.

Until the perverse spirit is bound, such a person cannot be set free (Mark 3:27). It not only takes the power of God to be set free, but it takes God's power to remain free from this perverse spirit.

Another strongman is the spirit of whoredom, also known as the spirit of harlotry.

My people ask counsel at their stocks, and their staff declareth unto them: for the spirit of whoredoms hath caused them to err, and they have gone a whoring from under their God

Hosea 4:12, KJV – Cambridge Ed.

This is the spirit behind infidelity and seduction. In the New Testament, it was referred to as a Jezebel spirit, which carries people down into sexual corruption:

Nevertheless, I have this against you: You tolerate that woman Jezebel, who calls herself a prophetess. By her teaching she misleads my servants into sexual immorality and the eating of food sacrificed to idols

Revelations 2:20

Solomon, in the Book of Proverbs, also warns against the spirit that wreaks havoc in homes and among those who choose to be unfaithful in their marriages:

27 for a prostitute is a deep pit and a wayward wife is a narrow well.

28 Like a bandit she lies in wait, and multiplies the unfaithful among men

Proverbs 23:27-28

The spirit of whoredom is the strongman behind prostitution. It's also the strongman behind pornography. The spirit of perversion gets people to first watch and then become addicted to pornography. But the spirit of whoredom is behind the creation of pornography, which seduces men and women into immorality.

There are some people who just enjoy getting naked in front of a camera. Such people are under the control of the spirit of whoredom.

The perverse spirit and the spirit of whoredom have many spirits that work under them. Through the works of these strongmen and their underlings, the devil keeps multitudes bound in sexual sin.

ACTION STEPS:

“There is a center of control that directs the affairs of your life. That center of control is your heart.”

Ask yourself if you are consistently “guarding your heart” against the devices of the Devil.

“We underestimate the power of the mind. Many folks live a life that is far less than their full potential.”

Are you living to your full potential? Take time to think and pray about what greater things God has in store for you as you allow Him greater access to your mind and thoughts.

“Every manner of sexual addiction and lustful habits is the work of [spiritual] strongmen.”

Ask yourself, “Have I allowed my mind and heart to be affected with the spirits of perversion or whoredom?”

PRAYER POINT:

Dear Lord, I don't want anything to hold me back from living the full potential that you have in store for me. Reveal to me if there is anything weighing me down or filling my mind and heart that is not of you. If I have taken on the attitudes and spirits of the world or worse yet, of the Devil's strongmen, please open my heart to this and set me free so I can gain lasting freedom.

CHAPTER THREE

CALAMITIES OF SEXUAL SIN

*6 At the window of my house I looked down through the lattice.
7 I saw among the simple, I noticed among the young men, a youth who had no sense.
8 He was going down the street near her corner, walking along in the direction of her house
9 at twilight, as the day was fading, as the dark of night set in.
10 Then out came a woman to meet him, dressed like a prostitute and with crafty intent.
13 She took hold of him and kissed him and with a brazen face she said:
14 "I have fellowship offerings at home; today I fulfilled my vows.
15 So I came out to meet you; I looked for you and have found you!
16 I have covered my bed with colored linens from Egypt.
17 I have perfumed my bed with myrrh, aloes and cinnamon.
18 Come, let's drink deeply of love till morning; let's enjoy ourselves with love! 19 My husband is not at home; he has gone on a long journey.
20 He took his purse filled with money and will not be home till full moon."
21 With persuasive words she led him astray; she seduced him with her smooth talk.
22 All at once he followed her like an ox going to the slaughter, like a deer stepping into a noose
23 till an arrow pierces his liver, like a bird darting into a snare, little knowing it will cost him his life*

Proverbs 7:6-10, 13-23

Sex is pleasurable. But sex outside God's defined and designed parameters is a pleasurable destruction. You enjoy it, but it destroys you piecemeal. Sex, outside of marriage between a man and a woman, is like a parcel bomb. It is well wrapped and it looks so good. But in that package lies a deadly snake, patiently waiting to unleash its venom on anyone that opens it.

So many examples in the Bible reveal the devastating effects of sexual immorality. One example is found in the Book of Genesis.

Reuben, the firstborn of Jacob, had a promising future. However, in Genesis 49:3-4, Jacob was blessing his children and he said to Reuben:

Reuben, you are my firstborn, my might, the first sign of my strength, excelling in honor, excelling in power. Turbulent as the waters, you will no longer excel, for you went up onto your father's bed, onto my couch and defiled it.

Reuben's perversion and lust, which is written of in Genesis 35, robbed him of a promising destiny and made him less than his younger brothers:

Reuben went and lay with Bilhah his father's concubine; and Israel heard about it

Genesis 35:22

Unfortunately, lust and perversion robs so many people of a great and promising destiny, just like it did to Reuben.

Another example in the Bible is King David. David had enjoyed all-round success. It had been a long road to kingship, but now he was living in peace and he had become almost a legend of his own time. He was a warrior; God's glory was undoubtedly upon his life. But when David committed adultery with Bathsheba, God turned His back on David. The one who was a warrior became a slave to his sin, and even though he repented, he never experienced the kind of peace he enjoyed before he fell into sexual sin.

His life was affected in lasting and devastating ways: one of his sons – the product of his union with Bathsheba – died of a sickness at a young age. Years later,

another of King David's sons, Amnon, was killed by his half brother, Absalom, due to another act of sexual immorality (referred to in a previous chapter). Finally, Absalom tried to usurp his father's crown and ended up killed by one of King David's servants.

In First Corinthians 10:8, Paul was speaking of the Israelites and said:

We should not commit sexual immorality, as some of them did – and in one day twenty-three thousand of them died.

Some people may say that such instant judgment doesn't take place in this day and age, as we have received a dispensation of grace and mercy. But do not be deceived. God is the same yesterday, today, and forever.

I remember being told about a Christian young man who backslid and indulged in fornication. Right in the act, he died. We must not take God's mercy for granted.

All around us today, many God-ordained destinies are traded for destruction via sexual immorality. The penalties of sexual sin are not just things you see in the Bible. They happen around us on a daily basis.

I remember listening to a message some years ago. In that message, the preacher shared about a time when he was preaching at a service in a University. He received a word of knowledge from the Holy Spirit, concerning three ladies who were in that service. These ladies were sent by the agents of darkness, to hold men captive and stop them from fulfilling their destinies.

All they did was to sleep with men and deposit the semen at their coven. That was all it took for them to destroy a man's destiny. They had been doing this for over three years. When the man of God asked for these ladies to come out, they refused because they were timid and did not want to be known for what they had been doing.

Later that week, they met with the preacher privately to confess their misdeeds and ask for deliverance. While the preacher asked them about the consequences of what they did, they categorically and assuredly said that all the men they had slept with would never be successful in life, no matter how hard they tried.

The young men who ignorantly indulged themselves in sex with these ladies had no idea of the looming destruction that had befallen them. That's why Proverbs 7:22-23 states:

*22 All at once he followed her like an ox going to the slaughter,
like a deer stepping into a noose
23 till an arrow pierces his liver, like a bird darting into a snare,
little knowing it will cost him his life.*

Many today are struggling in life and barely surviving as a result of the immoral acts in their past. This is what sexual immorality can do to anyone who toys with it. You might enjoy the pleasure it offers but you can't escape its looming destruction if you persist in it.

*Can a man scoop fire into his lap without his clothes being
burned?*

Proverbs 6:27

There are so many grievous consequences of sexual sin. Some of them are obvious consequences that destroy the sinner. Others, however, are consequences that subliminally destroy a people, while hindering them in their spiritual growth or personal lives.

Let's take a look at six ways through which sexual sin can hinder, and even destroy, a man or a woman of destiny.

1. BREAKING THE HEDGE OF PROTECTION

He that diggeth a pit shall fall into it; and whoso breaketh an hedge, a serpent shall bite him

Ecclesiastics 10:8, KJV

Every child of God has been blessed with a hedge of protection around him. Many of us do not understand the wonderful gift from God that this is and therefore fail to fully appreciate this fact. But if God were to open your eyes to the numerous attacks or attempts on your life that were averted by virtue of His protection and the watchful guard of His angels, you would be amazed.

Psalm 91:11 says, "For he will command his angels concerning you to guard you in all your ways." That's God's protection. A typical example of God's protection, which I love so dearly, can be seen in the story of Job. Job 1:6-10 says:

6 One day the angels came to present themselves before the Lord, and Satan also came with them.

7 The Lord said to Satan, "Where have you come from?" Satan answered the Lord, "From roaming throughout the earth, going back and forth on it."

8 Then the Lord said to Satan, "Have you considered my servant Job? There is no one on earth like him; he is blameless and upright, a man who fears God and shuns evil."

9. "Does Job fear God for nothing?" Satan replied.

10 "Have you not put a hedge around him and his household and everything he has? You have blessed the work of his hands, so that his flocks and herds are spread throughout the land."

As much as the devil wanted to destroy Job, he could not touch Job because of the hedge of divine protection that surrounded him.

This hedge of protection is like an electric fence around you. Any devil or demon that tries to come near you goes down.

But the moment sexual sin gets a hold of you, you're stripped of every protection. The devil automatically gains a legal right over your life and he immediately exercises it.

In Numbers Chapter 22, Balak, the king of Moab, hired Balaam to curse the Israelites at the time the Israelites had pitched camp in the plains of Moab. The Israelites were heavily guarded by God's divine protection.

When you have a pillar of cloud going before you during the day, and a pillar of fire going before you at night, that's enough to tell the world that you're not ordinary.

Balaam went with Balak up to the hills overlooking the Israelite encampment three times. Three times, Balak tried to get him to curse the Israelites, but every time Balaam opened his mouth to curse, he instead spoke God's word of blessing upon the Israelites. When Balaam saw that he could not curse the Israelites because of the protection they enjoyed, he called Balak aside and advised him to seduce the Israelites with prostitutes, which we read of in the Book of Revelations and also in Numbers Chapter 31.

Nevertheless, I have a few things against you: You have people there who hold to the teaching of Balaam, who taught Balak to entice the Israelites to sin by eating food sacrificed to idols and by committing sexual immorality

Revelations 2:14

The Israelites fell to this trap, and they were stripped of the protection they enjoyed.

Numbers 31:16 says:

They were the ones who followed Balaam's advice and were the means of turning the Israelites away from the LORD in what happened at Peor, so that a plague struck the LORD's people.

The same Israelites who enjoyed a hedge of protection and were known far and wide for being plague-free in the midst of plagues, and for being protected and blessed of the Lord, were suddenly beset with a deadly plague due to their disobedience to God and their choice to commit sexual sin.

Friend, it doesn't matter how spiritually fortified your protection is. It doesn't matter if you are an anointed prophet guarded by a legion of angels. Sexual immorality is a hedge breaker, and once that hedge is broken, the enemy will do all he can to bring you down.

2. DAMPENS YOUR POTENTIAL

I've come to realize, through the testimonies of others as well as my own experience, that God has placed in us everything it takes for us to succeed. He has already given us all that we need to accomplish the destiny He has placed before us. So often we ask God for blessings and riches, but we fail to understand that our definition of blessings and riches is often different from God's definition. As He clearly told us in the Bible,

My thoughts are not your thoughts, neither are your ways my ways," declares the Lord

Isaiah 55:8

We view "success" as money or material possessions; God sees it as ideas, talents, and potential. Money is the creation of man, and is a carnal measure of value or blessings. In Deuteronomy 8:8, the Bible tells us:

But remember the LORD your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your forefathers, as it is today.

That God-given ability carries the potential to create value, for ourselves and others, according to God's plan. When you receive that ability from God, your mind begins to function on a different level. Your mind's eyes begin to see opportunities in places where no one else can see them. Ideas on how to create value begins to flood your mind, with a clarity and guidance that can only come from God. And when you create that value, people will give you money to enjoy that value – whatever it is that God has led you to create or accomplish. This is how God blesses people with success and riches.

But when you allow sexual sin into your life, it creates a “mental cobweb” that blocks the flow of inspiration and ideas; it cripples your potential to create value in ways that are relevant and a blessing to others. Romans 1:27-28 says:

27 In the same way the men also abandoned natural relations with women and were inflamed with lust for one another. Men committed shameful acts with other men, and received in themselves the due penalty for their error.

28 Furthermore, just as they did not think it worthwhile to retain the knowledge of God, so God gave them over to a depraved mind, so that they do what ought not to be done.

You cannot function with what the Bible calls a “depraved mind” and still expect to be at the top of the game and on the cutting edge of what you do for a living.

I strongly agree with the Bible that God's gifts and calling on our lives are irrevocable [Romans 11:29]. However, God's gifts in isolation of God's Spirit can be a disaster, just like it was for Samson, whose strength in a way became his downfall.

The world is full of sad stories of gifted men and women who never amounted to anything. They lacked the ability to fulfill their calling and their talents were simply wasted.

No matter how talented you are, you still need God's grace. Sexual sin will cut you short of that grace. God wishes to bestow grace and mercy upon you; He wishes to see you stand strong and fulfill the calling He has given to you. But God can only aid you with His Spirit and power when you operate in obedience to Him. Disobedience to God's laws – through choosing to allow sexual sin to be a part of our lives – works to remove God's Spirit and blessings.

3. STRIPS YOU OF GOD'S GLORY

Friend, nothing compares to the glory of the Lord upon a person's life. When God's glory comes upon your life, everything answers in your favor.

In the Old Testament, the Israelites saw God's glory upon the tabernacle.

34 Then the cloud covered the tent of meeting, and the glory of the Lord filled the tabernacle.

35 Moses could not enter the tent of meeting because the cloud had settled on it, and the glory of the Lord filled the tabernacle.

36 In all the travels of the Israelites, whenever the cloud lifted from above the tabernacle, they would set out;

37 but if the cloud did not lift, they did not set out—until the day it lifted.

38 So the cloud of the Lord was over the tabernacle by day, and fire was in the cloud by night, in the sight of all the Israelites during all their travels

Exodus 40:34-38

The Israelites were guarded and guided by God's glory. That's why no nation could defeat them all through their long journey to the Promised Land.

In the New Covenant, under the grace of Jesus' blood, we are God's tabernacle. In First Corinthians 6:19, the Bible says:

Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God?

By virtue of this fact, we are carriers of God's glory. Just like God's glory guarded and guided the Israelites, it guards us from destruction and guides us to greater heights in life. It lightens you up and makes you a star in your endeavors. It enables you to achieve much with little effort.

However, sexual sin serves to strip you of God's glory. Sexual sin can turn a giant into an ant, a master into a slave, a star into a nonentity, and an heir into an outcast.

Sometime ago, I worked with a man who was highly placed. He used to be a minister in the Church and God had blessed him, enabling him to rise through the ranks in his career. He was reputed for his knowledge and expertise in his field.

All seemed to be going very well with his career. But somewhere along the line, he got involved in extramarital affairs and sexual relations with several ladies. Initially, this didn't appear to be a problem; everything seemed to still be going alright for him. But gradually, he began to fall out of favor with his superiors despite the good performance of his division. Rather than being promoted in a year where his division outperformed others, he was asked to resign.

KEY POINT

SEXUAL SIN CAN TURN A GIANT INTO AN ANT, A MASTER INTO A SLAVE, A STAR INTO A NONENTITY, AND AN HEIR INTO AN OUTCAST

*****~::~~*****

Share this key point with friends on:

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Friend, when you switch off a fan, it doesn't stop immediately. It keeps rolling, but the speed at which it rolls begins to reduce. And because the electricity that it needs to keep rolling at a certain speed has been cut off, the fan will eventually stop completely. This is exactly how sexual sin grinds many destinies to a standstill, a point where nothing works.

Sexual sin cuts off the power supply for a glorious destiny. At the point where the act occurs, everything might seem to be going smoothly, just as it was before, but bit by bit, things begins to slow down. Eventually, progress in your life – spiritually and often physically as well – comes to a complete halt.

4. DISCONNECTS YOU FROM GOD

Saul disobeyed God and the Spirit of God departed from him [1Samuel 16:14]. At that moment, he lost the throne, and God chose another King for Israel.

Many today have lost their “throne” as a result of their disobedience to God's Word concerning sex, and as a result of allowing sexual addictions to become a part of their lives.

Friend, being disconnected from God is a dangerous thing.

When a pilot is flying a plane, his communication with the control tower is critical to the safety of the aircraft and his ability to reach the final destination. When the connection to the control tower is lost, the pilot and his aircraft are in danger of a crash.

Our connection with God, through the journey of life, is critical to the fulfillment of our destiny. Sexual sin destroys your connection with God, who is the control

tower of destiny. Many folks are lost in life as a result of lust. They lose their ability to live a meaningful life and don't know how to find fulfillment in the things they do; their lives become a weary struggle instead of the purpose-driven life God originally ordained for them.

You can't embrace immorality and claim to embrace God at the same time. It's amazing that many in the church today engage in sexually immoral activities and feel no guilt about going to church. Some of them even have the temerity to stand on the altar of God to minister to God's people. This is why Jesus said:

Many will say to me on that day, 'Lord, Lord, did we not prophesy in your name, and in your name drive out demons and perform many miracles?' Then I will tell them plainly, 'I never knew you. Away from me, you evildoers!'

Matthew 7:22-23

It doesn't matter whether you're the most anointed or vision-driven man or woman of God. If you allow yourself to entertain the lust of the eyes and of the flesh, or you turn to members of your congregation to satisfy your sexual desires, God will turn his back on you and hold you accountable.

If God could turn his back on Jesus for carrying the sins of the world on the cross (Matthew 27:46, Mark 15:34), what makes you think that your position or anointing will save you from the calamities of sexual sin and the consequences that follow when God turns His back on a man?

Yes, you do receive forgiveness from your sins when you turn to Jesus in repentance, but you are also meant to grow in understanding of and obedience to God's Word and the commandments and instructions found therein.

David was a man after God's heart, but when he committed adultery with Bathsheba, he was disconnected from God. This man, who was God's friend and the chosen king of Israel, could not even hear God speak to him. God had to send the prophet Nathan to David. David had to repent totally and wholeheartedly before his connection to God was restored. And even then, he didn't escape the consequence of his sin, which, mentioned earlier, were grave and long-lasting.

5. MAKES YOU AN ENEMY OF GOD

God is a merciful God, [Lamentations 3:22-23], but He is also a consuming fire.

Deuteronomy 4:24 says:

For the LORD your God is a consuming fire, a jealous God.

God is jealous about what belongs to him. When you received Jesus into your heart and accepted His sacrifice for your sins, your body became God's temple. When you take what belongs to God and give it to immorality, you stir up God's indignation.

Many folks think that we live in a time where we receive a full dispensation of mercy and grace, and I agree with that, with all my heart. But that's not a license for us to sin. Paul put it this way:

What shall we say, then? Shall we go on sinning so that grace may increase? By no means! We died to sin; how can we live in it any longer?

Romans 6:1

Friend, the God of the Old Testament is the God of the New Testament. Even in the New Testament, God passed instant judgment on Ananias and Sapphira when they attempted to lie to the Holy Spirit.

It is written:

'Do not put the Lord your God to the test'

Luke 4:12

If a man makes me his enemy, it won't bother me. If some folks considered Jesus an enemy during His time on earth, I don't expect everyone to like me. But I definitely don't want God to make me His enemy – especially if the problem is my own choices.

In Ezekiel 23, God spoke about the harlotry of two sisters, Oholah and Oholibah, as symbolic representation of the misdeeds of Samaria and Jerusalem. Both of them belonged to God [Ezekiel 23:4] but Oholah was so promiscuous that God turned His back on her and she was killed by the same people that slept with her.

One would have thought that Oholibah would have repented when she saw what had happened to her sister; but she did not. In Ezekiel 23:11-18, the Lord spoke to the Prophet Ezekiel, saying:

11 Her sister Oholibah saw this, yet in her lust and prostitution she was more depraved than her sister.

12 She too lusted after the Assyrians—governors and commanders, warriors in full dress, mounted horsemen, all handsome young men.

13 I saw that she too defiled herself; both of them went the same way.

14 But she carried her prostitution still further. She saw men portrayed on a wall, figures of Chaldeans portrayed in red,

15 with belts around their waists and flowing turbans on their heads; all of them looked like Babylonian chariot officers, natives of Chaldea.

16 As soon as she saw them, she lusted after them and sent messengers to them in Chaldea.

17 Then the Babylonians came to her, to the bed of love, and in their lust they defiled her. After she had been defiled by them, she turned away from them in disgust.

18 When she carried on her prostitution openly and exposed her naked body, I turned away from her in disgust, just as I had turned away from her sister.

6. SCHEDULES YOU FOR DESTRUCTION

19 I know your deeds, your love and faith, your service and perseverance, and that you are now doing more than you did at first.

20 Nevertheless, I have this against you: You tolerate that woman Jezebel, who calls herself a prophet. By her teaching she misleads my servants into sexual immorality and the eating of food sacrificed to idols.

21 I have given her time to repent of her immorality, but she is unwilling.

22 So I will cast her on a bed of suffering, and I will make those who commit adultery with her suffer intensely, unless they repent of her ways.

23 I will strike her children dead. Then all the churches will know that I am he who searches hearts and minds, and I will repay each of you according to your deeds

Revelations 2:19-23

Sexual sin carries a consequence, whether it is committed in the heart or is a physical act. Our thoughts are open before God and He sees them. Committing adultery in your heart doesn't exempt you from the dire consequences that await an adulterer.

Friend, I've said it before and I will say it again, it doesn't matter what position you occupy in your church or how strong a Christian you are. The consequence of sexual sin is no respecter of persons. If God never changes, you should not expect His commands to change.

You might still be engaging in fornication or adultery, and your thought is that you haven't experienced any negative repercussions. You are still a minister, deacon,

or spiritual counselor in your fellowship or church, and are therefore doubtful that you will face serious consequences. The only reason why you have not experienced God's judgment is because He is giving you the chance to change your ways.

Oh, how merciful God is. His mercy is from everlasting to everlasting, and His Holy Spirit whispers to the hearts of His children, gently leading, guiding and wooing them to forsake sin and wrongdoing and seek His grace and forgiveness. He has promised that His Spirit will not always strive with man [Genesis 6:3]. Even if you have given up on yourself, God has not given up on you and will give you the strength to overcome, so that His name may be glorified.

ACTION STEPS:

“Sexual immorality is a hedge breaker, and once that hedge is broken, the Enemy of your soul will do all he can to bring you down.”

Take time to think of and pray about situations where you have allowed the hedge to be broken down through your decisions and actions, especially in relation to sexual sin.

“When you allow sexual sin into your life, it creates a ‘mental cobweb’ that blocks the flow of inspiration and ideas; it cripples your potential to create value.”

Ask yourself, “Am I filled with God's inspiration and power? Are my actions creating lasting value in my life and that of others?” If not, take on the challenge to overcome the things hindering the flow of divine inspiration and power in your life.

“Our connection with God is critical to the fulfillment of our destiny. Sexual sin destroys your connection with God.”

Do you know what God has in store for your life? Are you taking steps toward the destiny He has revealed to you? Are you even aware that He has a unique plan and calling for you? Take steps to ensure that your connection to the source of your destiny – God – remains strong.

PRAYER POINT:

Heavenly Father, I do not want my choices to hinder the unique destiny and calling you have for my life. I need your hedge of protection around me, your glory within me, and your connection with me to be strong. Lord, help me to do whatever it takes to live a holy life so that I can live up to the full potential you have designed within me, amen.

CHAPTER FOUR

YOU CAN BE FREE

16 But whenever anyone turns to the Lord, the veil is taken away.

17 Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

18 And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit

2 Corinthians 3:16-18

The truth is that fornication, adultery, pornography, and other forms of sexual addictions can be very difficult bondages to break out of. It is a bondage that is wrapped with pleasure, and saying no to this pleasure gets more and more difficult every time you choose to enjoy it. It is like candy, enclosed in attractive and colorful wrapping, yet laced with deadly poison.

Sometimes I hear some people talk about sexual addictions, and the advice they give to those entangled in them suggest that those engaged in sexual sin can stop it on their own.

Such people, I believe, fall into one of two categories. Either they are out to make money and deceive others with their well packaged therapies and self-help techniques, or they have no clue of what it means to be a captive of these addictions.

Friend, I don't know how long you might have been struggling with a habit. But one thing I know is that you cannot conquer that habit in your own power and might. It takes a superior power, a power that only comes from above, to overcome sexual temptations and sin.

It's good to make vows. But merely making a vow is ineffective if you lack the ability and wherewithal to fulfill it. This is why many folks make vows with great determination to stop a habit, yet they end up breaking their vows.

In Mark 3:27, the Bible says:

No one can enter a strong man's house and carry off his possessions unless he first ties up the strong man. Then he can rob his house.

In our own minds, we may determine to pursue a righteous and holy life, assuming that we can easily do so. However, when we allow our lives to be sullied through lust and sexual sin, it is like letting a thief come in and tie us up, hands and feet, before going on to rob us of our God-ordained destiny through bondage to sin.

KEY POINT

IT TAKES A SUPERIOR POWER, A POWER THAT ONLY COMES FROM ABOVE, TO OVERCOME SEXUAL TEMPTATIONS AND SIN

~**~

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When a person is under the dominion of sin, it takes superior power to experience deliverance. No power is superior to the power of sin but one. The power from above – God's power – is the only thing strong enough to free us from sin. If human power or one's own willpower could set a man free from sin, man would have been able to deliver himself.

But we can't. For thousands of years man tried to remain free of sin and be righteous and holy. The result was that anyone open to the truth would have to

admit it was absolutely impossible for them to keep the whole law. And James 2:10 tells us:

For whoever keeps the whole law and yet stumbles at just one point is guilty of breaking all of it.

Therefore, breaking just one of the Mosaic laws, and there were hundreds of them, would mean you were guilty of the graver laws as well. And no one has the power within themselves to keep every one of the laws. This is why Jesus had to come down to earth; He had to come because there was no way we could reach Heaven with our own efforts to maintain a life that is free of sin.

Until you recognize your helplessness and your inability to overcome sin, the struggle continues.

AN OPEN INVITATION

It is one thing to sin with a passion for sinning. It is another thing to sin even when you hate the sin. Both are guilty of sin, but the majority of folks I've come across who are entangled in sinful habits engage in these acts even though they do not like what they do.

When God created man, God gave him free will. However, beyond our physical sight, there are spiritual forces fighting for us, and there are other forces fighting against us. Anything that subjects you to committing an ungodly act against your will is a satanic force from which you must be delivered.

Sometime ago, I had a colleague who was married and had two lovely kids. But despite having a wonderful family, he still kept delving into extramarital affairs. He got so deep in his "escapades" that he was maintaining sexual affairs with three ladies, other than his wife, at the same time. Amazingly, some of the ladies he had an affair with were also married.

As we got talking and I began to ask him questions, I realized that he loved his wife despite his extramarital affairs. I also realized that he wished he could refrain from his extramarital affairs, but it seemed impossible to him. It was like a cage from which he could not free himself.

Many of us go through similar struggles, even if not in such an obvious instance as my colleague. However, there are struggles that each of us face, battles that are waged against us, and the fight is more than we can win on our own. The good news is, we're not meant to win it alone. Here is an invitation from Jesus, in which He promises to give us what we need:

28 Come to me, all you who are weary and burdened, and I will give you rest.

29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls

Matthew 11:28-29

It doesn't matter how long you've struggled with a particular addiction. The only thing that really matters is the power of Jesus, the only one with power to set you completely free. Jesus tells us, in Matthew 28:18:

All authority in heaven and on earth has been given to me.

By accepting Jesus' invitation and simply coming into His arms, you will find permanent rest from your struggle with unclean habits, and you will position yourself for the power to overcome sexual temptations and lust.

Friend, it doesn't matter how far you've gone in sin, whether your battle is against porn addiction, masturbation addiction, adultery, fornication, or whatever the case might be. It doesn't matter what you've done. It doesn't even matter how strong the urge is to participate in the act. What matters is the power of Jesus to bring you

freedom; He promises to set you absolutely free from the shackles and bondage of sin.

Second Corinthians 3:16 promises us:

But whenever anyone turns to the Lord, the veil is taken away.

You've been struggling with that particular sin or addiction and you feel like you just can't bring yourself to quit doing it. Unless you are set free by the power of God, the struggle will surely continue.

Without this enabling power from above, you might quote scriptures, speak in tongues, or prophesy, and still fall to temptation.

I have been blessed to experience this power straight from Heaven and I know what it feels like. When it gains a hold of your life, you lose every appetite for sin. In fact, you develop a resistance that enables you fight every temptation until you are completely victorious.

When those unholy imaginations and thoughts are stired up in your mind, you have the power to silence them and cast them out of your mind with God's Word.

Until there is a sincere acceptance of this invitation from the Prince of Peace, the struggle with sin continues. Jesus has all authority in Heaven and on earth, and He desires to bring rest to your soul. You no longer have to be weighed down with the burden of sin, or condemned with the guilt of your addiction. Draw near to Him, and He will give you rest.

COME AS YOU ARE

As a result of the heavy guilt and condemnation I felt because of my sins, I used to think I had no hope. I felt Jesus never wanted me, and that I had fallen too far to experience the power of His grace.

I felt it was a waste of time approaching Jesus and asking for forgiveness because I had struggled with my habits and addictions so long that my mind had been conditioned to believe that I would fall back into sin even if I asked for forgiveness. But that was a blindfold of the devil to keep me from gaining a lasting victory.

When you look at the life and work of Jesus, you'll discover that Jesus' ministry centered on reaching out to the lost, the needy, the broken in heart, the unclean, and the poor in spirit. That's why Jesus came. It was spoken of Him by the prophet Isaiah and repeated in the Gospel of Matthew:

A bruised reed he will not break, and a smoldering wick he will not snuff out.

Isaiah 42:3, Matthew 12:20

If we were all saints, He would have been able to stay back in Heaven and enjoy the perpetual glory and presence of our Heavenly Father.

In the days of Jesus, tax collectors were seen as sinners. Who would have thought that Matthew, a tax collector, would have become one of the twelve disciples of Jesus? Lepers were also considered to be unclean.

Mark 2:15-17 says:

15 While Jesus was having dinner at Levi's house, many tax collectors and sinners were eating with him and his disciples, for there were many who followed him.

16 When the teachers of the law who were Pharisees saw him eating with the sinners and tax collectors, they asked his disciples: “Why does he eat with tax collectors and sinners?”

17 On hearing this, Jesus said to them, “It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.”

Who would have imagined that the one who knew no sin would dine in the house of a leper (Mark 14:3)?

Friend, we are the reason why Jesus came – you and me.

I love the story of the prodigal son in Luke 15:11-32. Here is a son who did not deserve his father’s mercy. Here is a son who many today would refer to as an embarrassment to the father. Yet his father welcomed him with open arms. In Luke 15:7, Jesus said:

I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety- nine righteous persons who do not need to repent.

This is how precious your soul is to Jesus. Nothing disheartens Jesus like seeing a soul, for whom He died, separated from Him and His love and forgiveness. No matter what you’ve done, how long you’ve done it, when you’ve done it, or how you’ve done it, Jesus wants you. He’s reaching out with arms of love and forgiveness. He’s really desperate to have you. He’s ready to wipe away your past and give you a new start.

Isaiah 1:18 shares with us His invitation:

Come now, let’s settle this,” says the LORD.”Though your sins are like scarlet, I will make them as white as snow. Though they are red like crimson, I will make them as white as wool.

New Living Translation

Friend, if you feel a stirring in your heart, if you feel like you've tried everything and nothing has made a lasting difference in healing your heart and awakening your soul to true life, turn to Jesus. If you want to understand more about His love, which is from everlasting to everlasting, if you want to be reconciled with Him, I'd like you to pray this simple prayer of forgiveness. It is the key, not only to victory in this life, but eternal life after this present life is over. Just say this prayer

Lord Jesus, I come to you today. I accept that I am a sinner. I accept that I have no power to help myself, and I ask for your forgiveness. Please forgive me. Wash me with your blood. Cloth me with your righteousness, and fill me with the power to overcome sin. Holy Spirit, I welcome you into my life. Come and take control of my life. And grant me the grace to follow you for the rest of my life. Thank you Lord. In Jesus Name. Amen!

If you prayed this prayer with sincerity and from the depth of your heart, I assure you of an unusual visitation of the Holy Spirit.

God bless you.

A SUPERNATURAL TRANSFER

If you prayed the prayer above, or if you've ever prayed the prayer of forgiveness in your life, it is important to understand that a change occurred the moment you prayed this prayer. When we come to Jesus, we might remain the same physically. But in the spirit realm, a transfer has taken place.

Colossians 1:13-14 makes it clear:

*13 For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves,
14 in whom we have redemption, the forgiveness of sins.*

You have been given a transfer from the kingdom of Satan and sin to the kingdom of God and righteousness. Your understanding of this fact is vital to your victory over sin in your life.

Many folks don't know this. Some know it but don't understand it. And unfortunately, some understand it and don't walk in it.

If I traveled to China, I would be subject to the Chinese environment and subject to their laws. I would breathe the air in China (and if I didn't, I would be dead within minutes). I would eat the food there to survive. I would drink their water.

If board a plane to Brazil, there is a change once I alight from the plane at the airport. It's a different environment and I'm bound by a different set of laws. I no longer breathe the air in China. Now I breathe the air in Brazil.

This is the same type of experience we have when we come into Christ. We are transferred into the kingdom of Christ and we are no longer bound by the law of sin which governs the kingdom of darkness. We breathe the air of spiritual freedom, of victory in Jesus. Many folks develop a cycle of repenting and backsliding because they lack this foundational knowledge.

By virtue of the fact that you have been transferred out of the kingdom of darkness, sin has no power over you. However, I would be deceiving you if I told you that you will not be tempted. Surely, you will. But the difference now lies in the fact that you can say "No!" to sin in the Name of Jesus, and that temptation will fizzle out. You have the power to stand strong against any sin in your life.

Many folks lack an understanding of this freedom and power they have, haven't accepted the sacrifice of Jesus Christ for their sins. They allow the devil to bully them back into their past life of sin, perversion and immorality. Living with an understanding of the reality of this transformation – this amazing transfer – will help you to follow in the path of righteousness and live in victory over sin.

ACTION STEPS:

“It takes a superior power, a power that only comes from above, to overcome sexual temptations and sin.”

Ask yourself whether you truly believe this, or whether you still feel that you can overcome these issues with your own power and self-determination.

“Until there is a sincere acceptance of this invitation from the Prince of Peace, the struggle with sin continues.”

Have you accepted Jesus as your Savior and the King of your life? If not, you have the opportunity to pray the prayer of salvation which is the prayer point below. I highly recommend that you do not go any further with this book until the matter of your eternal future is worked out between you and God.

“You have been given a royal transfer from the kingdom of Satan and sin to the kingdom of God and righteousness. Your understanding of this fact is vital to your victory over sin in your life.”

Once you have Jesus Christ in your heart, you have claim to all the power of the risen Savior. Take time to meditate on this truth and take on this mindset of empowerment and overcoming.

PRAYER POINT:

Lord Jesus, I come to you today. I accept that I am a sinner. I accept that I have no power to help myself and I ask for your forgiveness. Please forgive me. Wash me with your blood. Cloth me with your righteousness, and fill me with the power to overcome sin. Holy Spirit, I welcome you into my life. Come and take control of my life. And grant me the grace to follow you for the rest of my life, in Jesus Name, Amen!

CONTINUED IN VOLUME TWO...

Congratulations!

You have just finished volume one. This book is continued in [volume two](#).

Below is a synopsis of what you will be learning from each of the chapters in volume two;

Chapter One: The Custodian of Power

In this chapter, you will discover how you can access divine power that will enable you to overcome sexual temptations and addictions, and to live a life of holiness.

Chapter Two: Transformed from within

Every form of sexual sin starts from within. Before it becomes an act, it existed in the heart. That is why Jesus said “*First clean the inside of the cup and dish, and then the outside also will be clean*” (Matthew 23:26). In this chapter, you will discover how to experience a transformation from within. You will learn practical steps you need to take to be cleansed from within.

Chapter Three: The Weapons of our Warfare

In this chapter, you will discover divine weapons of mass destruction, which God has made available for you to enforce and preserve your victory over sexual sin. Each of these weapons has a scriptural root.

Chapter Four: Staying Clean

It is one thing to be set free. It is another thing to remain free. It is one thing to become clean. It is another thing to remain clean. Discover what you need to do in order to remain free and clean.

Chapter Five: The Beauty of Holiness

Do you know that sexual sin robs your life and destiny of beauty, but holiness can beautify and adorn your life and destiny? Discover the beautification package that God offers through holiness.

Chapter Six: Remain in Christ

Outside of Christ, you are exposed and vulnerable. Discover what you need to do to remain in Christ and enjoy a life of freedom from sexual sin and addictions.

You can download your copy of *Sexual Battles – Volume 2* from [Smashwords](#) or any of your favorite on book stores.

Also, please feel free to send a copy of this eBook to your colleagues and friends. You never can tell how many lives will be transformed by doing so.

God bless you, and see you in [Volume 2](#)!