



SEX EDUCATION
FOR SINGLES, MARRIED
AND PARENTS WHO
LOVE THEM

SEXUALITY REDEFINED



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Sex education for singles, married and parents who love them

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Dedication

This book is lovingly dedicated to my wife for her courageous decision to follow God's will into the future and her fearless commitment to a Christ-centred life.

Acknowledgement

This book is a divine orchestration of the Holy Spirit himself, having impressed it on my heart over the years to put in print what I have been sharing in schools, churches and campuses; to Him I am eternally grateful.

To my parents: Rev. and Mrs A.A Adeyemi who introduced me early to the path of light .Thank you for encouraging me to do the work of the ministry. Daddy, you gave me a Bible as a teenager that helped define my values early!

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To my wife: you are a proof that God indeed leads people in marriage. The typing, editing, the creativity, the encouragement and support are unflinching. May your faith be spoken of amongst the nations!

Introduction

The subject of sex has become one of the prevalent subjects in the heart of both the younger generation and the older generation.

Though, not openly discussed amongst parents with their children, it remains a cankerworm that has eaten deep into the heart of our society. It has caused more harm than good because men have perverted what God created within the confines of marriage.

Romans 1:18-28 KJV

For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who hold the truth in unrighteousness; because that which may be known of God is manifest in them; for God hath shewed it unto them. For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Godhead; so that they are without excuse: because that, when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened.

Professing themselves to be wise, they became fools, and changed the glory of the incorruptible God into an image made like to corruptible man, and to birds, and four-footed beasts, and creeping things. Wherefore God also gave them up to uncleanness through the lusts of their own hearts, to dishonour their own bodies between themselves: who changed the truth of God into a lie, and worshipped and served the creature more than the Creator, who is blessed forever. Amen.

For this cause God gave them up unto vile affections: for even their women did change the natural use into that which is against nature: and likewise also the men, leaving the natural use of the woman, burned in their lust one toward another; men with men working that which is unseemly, and receiving in themselves that recompense of their error which was meet. And even as they did not like to retain God in their knowledge, God gave them over to a reprobate mind, to do those things which are not convenient.

When you do what God hates, it means that you hate God.

This world has been described as being a sex-saturated society; being bombarded with sexual lures from all directions – ranging from the internet to the television and bill boards. Sometimes adverts feature partially dressed women even when the advert has nothing to do with them. The enemy we are dealing with knows clearly that sexual sin is a grievous sin against one's body which obviously has an astronomical impact on one's destiny.

“Flee fornication. Every sin that a man doeth is without the body; but he that committed fornication sinneth against his own body”. (1 Corinthians 6:18 KJV)

I have been privileged as a pastor to bring counsel in this area both to the younger generation and the married; and I have seen that it has its root in the foundation of individual lives.

“If the foundations be destroyed, what can the righteous do?” (Psalms 11:3 KJV)

The time has come for this generation to be delivered from the attack of hell against the body of believers via sexual perversion. We cannot accomplish great things for God if this part of our lives is not submitted to the Spirit of God.

Though I acknowledge in this book that some of the sexual challenges people face have their root in where they are coming from and what they were exposed to in their growing up years, I still believe that if Christ's victory on the cross is indeed total – of course it is! – Then we can have a sexually pure generation impacting the world as they lift up the banner of truth in the midst of fallen standards.

Come with me with an open heart and a ready mind as we explore together, through the pages of this book, the possibility of a sexually pure generation!

Chapter 1

OUR SEXUAL HERITAGE/ORIGIN

Understanding Our Sexual Identity

Sexuality is a central part of human life and it encompasses sex, gender, identities and roles, sexual orientation, pleasure, intimacy and reproduction.

Sexuality is experienced and expressed in thoughts, fantasies, desires, beliefs, attitudes, values, behaviours, practices, roles and relationships. While sexuality can include all of these dimensions, not all of them are always experienced or expressed.

Sexuality is influenced by interaction of biological, psychological, social, economic, political, cultural, ethical, legal, historical, religious and spiritual factors.

Our attitudes about our sexuality and our ability to understand and accept our own sexuality are essential aspects of who we are and how we interact with our world.

Comfort and acceptance of our sexuality directly affects our ability to make healthy choices and to respect the choices of others.

More so, from the age of three or four, children recognise the genital differences between males and females. Childhood is a crucial and active stage in the development of sexuality.

At puberty, sexual curiosity explodes: breasts grow and develop, hair sprouts; skin erupts with pimples and the likes. At adulthood, our sexual identities, needs, likes and dislikes become clearer yet we keep evolving.

Let's take a closer look at some of the factors that interact together to form our individual sexuality:

Upbringing

Physiological Make-up

Psychological Make-up

Educational Background

Religious Beliefs

Bloodline/Genealogy

UPBRINGING

According to the Collins English Dictionary, this can be defined as the way a child is cared for and taught how to behave while he/she is growing up. This is the education of a person during his/her formative years.

Despite the reality of a sex saturated society, most parents don't take time to give their children sex education. They consider it a taboo or an abomination to discuss such sacred issues with their children. Even if their children should raise questions in that direction they either shut them down or begin to suspect their actions.

Most times the children are just been inquisitive based on what they have heard from their peers out there. The moment a child can sense that a parent is either secretive about it or is trying to intimidate him/her (the child) out of the questions, he/she turns outwards for the answer which usually leads the child away.

The Bible says:

”Train up a child in the way he should go: and when he is old, he will not depart from it.”
(Proverbs 22:6 KJV)

"TRAIN UP A CHILD" includes giving the child training on SEX EDUCATION, so that as he/she grows up and interact with the world, he/she will know how to stand and what to stand on.

Parents must begin to tell their children from childhood: “Don't allow anybody to play with your private part” and for the girls: “Don't allow any man carry you on his lap when no other or older familiar face is there.” This is not trying to be legalistic; so many young girls have been defiled by undisciplined uncles and daddy's friends via this process.

If some of the children of most parents would be truthful about their sexual experiences, some parents would either collapse or skin their children alive!

Most parents have abandoned the responsibilities of their children's life training into the hands of maidservants, teachers and pastors in churches, forgetting they ought to be the PRIMARY TRAINER of their growing children in an ever changing world.

The Bible says: “...but a child left to himself bringeth his mother to shame.” (Proverbs 29:15 KJV)

Shame is the result of leaving children too early to themselves, especially on critical matters of life. These children came on a clean slate when they were born, to be written on by the world around them starting from their parents.

Who is writing on your child's heart? If you are a youth reading this, who is writing on your heart? The devil is more particular about the youth than any other because they are the productive generation. He is doing his best to write quickly in order to cancel the future.

I know this generation will be saved. Amen!!!

The glory of young men is their strength: and the beauty of old men is the gray head.
(Proverbs 20:29 KJV)

There is so much strength in the youth and if not put to proper use by the home and the church, the devil will use it to his advantage.

A situation may arise, where a boy grows in the midst of all-female siblings with a good relationship with his mother but no fatherly interaction; if not properly checked or if he is not surrounded with male figures, this would definitely impact on his sexuality. More so, it can make him more emotional than rational due to his over interaction with the female gender – this would cause the development and over maturation of his emotional side. He tends to enjoy staying with and conversing more with females than males – which can lead to varying sexual experiences. Such a young man needs a strong male mentor to stabilise him, if he is already on this path.

Howbeit, this kind of young man may find himself running from strong male leadership that will provide discipline, instruction and guidance on destiny matters. He sees this male leadership as a threat to his ego and manhood because he is accustomed to being in charge of females (since his father is either absent physically or in responsibility).

A similar situation is seen where a lady grows in the midst of boys with no quality relationship with her mother at home. Her sexuality would be affected, if nothing is done about it. In a home where parents don't have time for their children because of early departure and late arrival from work by parents, children are left at the mercy of their maidservants for care and nurturing. This category of children suffer from what I call “ATTENTION DEFICIENCY SYNDROME,” (A.D.S).

The parents appear to be meeting all their needs-paying their school fees, buying whatever the children want for them; yet the love tank of the children remains empty. Children don't just need money; they need the presence of their parents in order to be emotionally balanced. Parents should create time for their children no matter how busy they are. It is not in the length of time but in the quality of time you spend with them. Lovingly make them conscious of the fact that you are paying a sacrifice to be with them so that they can always cherish the moment and eagerly look forward to the next.

I know of young children between ages six and nine who hate their mothers because the mothers don't have time for them but for parties!!!

When a girl-child is given unusual attention by a boy or man out there, she feels his love more than her busy parents ever gave to her! In the midst of this, she gets herself into sexual experiences she never intended.

A girl/lady/woman must realise that her two breasts are her priciest possession; the moment she allows a guy to fondle it; she would be the one asking for it unconsciously because body chemistry has been initiated. She finds herself parading in front of or doing something around the boy/man to gain more of his attention plus attraction for her and when he is not available, she turns to other men.

Children who are not continually affirmed or shown love by their parents are usually victims of low self esteem and self worth. This opens the door to sexual temptations. Parents who specialise in verbal abuse of their children in the name of correction do not realise that they are destroying their children's self worth.

Correction Is Not Condemnation.

“There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.” (Romans 8:1 KJV)

When a child sees a member of the opposite sex that appears to appreciate him/her, one who would not crucify him/her or use a 'sledge hammer' on him/her for making a mistake, he/she gets attracted and eventually is seduced by that individual. Parents must realise that mistakes are part of the making process of their growing children. If Christ died for us while we were yet sinners, we also ought to accept our children (not their wrongs) and trust God to transform them without damaging their person.

In one of the meetings we organised in a school, a girl asked what to do when a boy keeps giving her attention claiming he loves her, judging from the fact that she is from a home where no one gives her attention and she is regarded as a nobody. The implication of ignoring the use of the right love language on our children is costly. It's time to bring them into our schedule in the midst of varying demands on our time, lest they are found on the laps of wolves who specialise in devouring them.

We have homes today where sexual disorder is the order of the day. A young girl of about twelve years of age once told me that she had sexual relations twice, with her brother of about eight years of age. I asked, “Why did you do it?” She replied, “I don't know.” This is called incest and God's word is totally against it! If that boy does not come under strong pastoral leadership as he grows in order to deal with this issue, he would perpetually be under different sexual challenges.

There was the case of another boy who did not stay with his parents and was introduced to sexual activities from the age of three by his cousin. This graduated into homosexuality, which he practiced with a classmate of his. Parents must be careful of the homes their children go to spend holidays. They must ensure the values of the parents and children are right or else their own children should stay at home and enjoy their holiday. The sexuality of some children gets tampered with forever with just a visit!

There was a case of a seven year old girl who saw her father bring in a woman – who was not her mother – to the house for sexual relations. Obviously, this would damage the girl's mentality and sexuality except there is a divine aid to help restructure her mentality; it would

replay and reflect in the future. In the Bible, we can see this scenario evidenced in the life of King David and his family, when he committed adultery, it opened up his entire family into a journey of sexual escapades. Parents should ensure that they are disciplined in their sexuality. They should understand that the younger generation learn more by examples than by doling out instructions to them.

The principles we teach our children must be empowered by our examples.

In conclusion, we must ensure that the right moral values are communicated to our children from when they are born till they leave for marriage. We must make up our minds to invest at least 25 years in setting their values to a point of no return, no matter the external pressure. They will remain internally resolute about their system of thinking that has been built in them via the word of God.

PHYSIOLOGICAL MAKE-UP

Physiology is about the way we function. Physiological make-up of both sexes differs and this definitely has an impact on their sexuality.

The human body has what is called HORMONES. Hormones are chemical substances produced by the endocrine glands or ductless glands and are conveyed in the blood to areas of their target or influence. They influence the body growth and how it works.

There are sexual hormones that affect both the male and female gender: Testosterone is the sex hormone in the male which is responsible for the development of the male secondary sexual characteristics. This also contributes to the sexual urge found in the male.

A normal adult male would experience sexual urge regardless of not being occupied with sexual thoughts. He could even experience wet dreams (the emission of semen in the night). It is not a sin or abnormal for this to happen, that is if he is not experiencing a polluted dream.

When a man or boy understands his physiological make up he will not take his sexual urge as a licence to run after anything he sees in skirt on the street. The evidence of the fruit of the spirit – self-control is seen in the way he handles this experience. Galatians 5:23.

In another meeting we had in a prominent school in Lagos, the question: “How do we overcome sexual urges?” was asked.

(This will be properly answered from both the spiritual and the physical angle in subsequent chapters).

Most male adults have not been taught how to relate with their sexuality and have ended up impregnating a lot of female folks. What all sane parents, friends, and even pastors have done was to condemn such without practically showing the children/church members/people in general the “way out” of sexual temptations. This is not a statement to justify the act done (sin is sin)!

“But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death”. (James 1:14-15 KJV)

“For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord”. (Romans 6:23 KJV)

The sexual urge of a young man is fed and fanned by what he sees. The book of Lamentations says: Mine eye affecteth mine heart because of all the daughters of my city. (Lamentations 3:51 KJV)

The heart of a young man is seriously affected by pictures he captures with his eyes and registers in his soul. He must guard his heart from external flows like pornography, erotic books etc.

The female folks must also understand their physiology. There are hormones produced in the female body: progesterone (a pregnancy hormone) and oestrogen are some of the hormones produced. There are ladies that before, during or after their monthly menstrual flow have predominant sexual urges. Every lady must understand the way her sexuality functions so as not to fall victim of sexual manipulation by the male folks. Some ladies including married women have fallen victim of this, due to ignorance.

Some men, who I regard as sexual opportunists, have taken advantage of this because they are sensitive to the time a lady is in her period and they have perfected their understanding of this such that, they know how to play the game.

“A prudent man foresees the evil, and hides himself: but the simple pass on, and are punished.” (Proverbs 22:3 KJV)

As a lady or a married woman, you should know when you are experiencing some sexual urges; this should prevent you from going close to a man that has been wooing you or asking you for sex. Also, it is not an appropriate time to go visiting a man that you both have emotional feelings for each other. PLEASE STAY AWAY! Be accountable to a spiritual authority (especially of the same sex in such moments) if you cannot handle it alone. When you begin to feel like a male person should hold you or you want to be with a man that is not your husband, know then, that sin is knocking at your door.

The enemy is out for you and most times it is because a miracle or blessing is at the corner that Satan wants to abort through your disobedience. BEWARE!!!

PSYCHOLOGICAL MAKE-UP

Psychology in itself is the scientific study of the mind and how it influences behaviour. Psychological make-up in this context is the kind of mind a person possesses which influences the way he/she thinks or behaves. In summary psychological make-up is the way people think about their sexuality which eventually influences how they behave sexually.

It is said that the enemy of man is his mentality. Our sexual mentality is very important in the way we relate with people. Some men see the female folks as sex objects with whom they can always express their animalistic behaviour whenever or wherever they want to do it. They have zero-concern about the person involved, their environment or its effect on their reputation. Some men see it as a conquest and as a way of feeding their male ego. They, therefore see it as an offense or insult on their masculinity when a lady turns down their unholy offers.

Some young boys and even young men in secondary schools and higher institutions of learning have been made to believe that if you are relating with a girl or lady and you have not had sexual interactions with her, you are not yet a man. **THIS IS A SATANIC MENTALITY!** If you have not touched her sensitive parts you are a weak man. **THIS IS A LIE FROM THE PITS OF HELL!!!** You can have a healthy relationship with the opposite sex without getting sexually involved, and it will impact your lifestyle in a positive and result oriented manner.

As a member of the male folk, you are not meant to take advantage of a member of the female folk; rather, you are to serve as a protector or covering for her. Even if she is showing some signs of interest with her eyes communicating it, her body language sending sexual signals to you; prove yourself a Godly man and help her stabilise her emotions and her sexual urges. Let her know you are a representation of her heavenly Father who will not take advantage of His children. Remember Joseph, when Mrs. Potiphar was casting her eyes on him, he said:

“How then can I do this great wickedness and sin against God? There is none greater in this house than I; neither hath he kept back anything from me but thee, because thou art his wife: how then can I do this great wickedness, and sin against God?” (Genesis 39:9 KJV)

If you realise that the temptation is beyond your restraining capacity, leave the scene promptly! Flee fornication! Every sin that a man does is without the body; but he that commits fornication, sins against his own body. Be wise, don't negotiate with sin. It is costly.

Some female folks have the mentality that if a boy or man asks them out for the purpose of sex their response must be: “Yes.” Some believe that the only way to prove to a boy that they love the boy is by submitting themselves to him for sexual activities.

Love is not sex and sex is not love.

The boy/man says, “If you know you love me, prove it by having sex with me.”

Some ladies have been made to believe that virginity is a curse. It is no longer a thing to be preserved for their would-be husbands on the wedding night. They allow the so-called man/boy to deflower them thinking, “If I allow him, he would not leave me for another woman.” They only get surprised, depressed and rejected that they were wrong carrying such notions after they might have been used and dumped for another experience with other ladies.

Young lady listen to me: if you are reading this book, your virginity is your pride! Carry it with all dignity; preserve it, and you will disallow ancestral flows into your life from the spirit realm.

Listen to the wisdom of God in the book of Songs of Solomon:

I charge you, O ye daughters of Jerusalem, by the roes, and by the hinds of the field, that ye stir not up, nor awake my love, till he please. (Song of Solomon 2:7 KJV)

I charge you, O ye daughters of Jerusalem, by the roes, and by the hinds of the field, that ye stir not up, nor awake my love, till he please. (Song of Solomon 3:5 KJV)

I charge you, O daughters of Jerusalem, that ye stir not up, nor awake my love, until he pleases. (Song of Solomon 8:4 KJV)

There is a time to awaken love and that is when you are married.

There is a time when sexual intercourse is a blessing, when it can be practised unashamedly with your spouse under the covenant of marriage.

When secondary school girls walk up to me and ask me, if at their age, it was wrong to go out with someone; I do ask them a further question, “What for? Are you planning to get married within the next two or three years? Why do you have to take yourself through a pathway of an avoidable mistake when you know you are both not ready for anything serious?”

Some of them come up with fallacies like: “If we don't get the man now, we may never get it again.” Now that is another satanic mentality.

Listen to the wisdom of God from the book of Proverbs: There is a way which seemeth right unto a man, but the end thereof is the ways of death. (Proverbs 14:12 KJV)

There is a way that seemeth right unto a man, but the end thereof is the ways of death. (Proverbs 16:25 KJV)

Many have followed this path and they never came back the same. Develop a relationship with God instead; learn His voice so that when you are due for marriage and the right man comes, you can recognise him through the inner recognition factor of the Holy Spirit.

If all you think about all the time as a single lady is: “Who will I marry?”, “When will he come?” or the moment you see a male figure, what comes to your mind is: “Is he the one?” You know you are asking for trouble. You may as well be on the pathway of idolatry (whatever occupies your mind more than God is idolatry).

Have a positive sexual mentality today; every part of your being is created for God's glory not for the devil's use. Glorify God in your sexuality. Say no to the suggestions of the flesh and human opinion of relationships with the opposite sex. Make yourself available for heaven's use in your generation; as someone God can count on to preserve the eternal reality of a sexually pure generation!

EDUCATIONAL BACKGROUND

We cannot ignore the place of education in a person's sexuality. The level of formal education a person is exposed to will affect his or her choices or decisions in life and also his or her self-esteem. This will ultimately affect his/her sexuality if he/she attends school in a school with weak moral standards. Such a person would carry that sexual laxity through life except it is intercepted by other schools of life.

A child spends at least six to eight hours in school each day, which is one-third of the day, besides tutorial classes organised privately or publicly. The teachers children interact with form majority of their sexual values either consciously or unconsciously. Some teachers or bosses unashamedly have sexual relations with their students or employees. This encourages an unruly behaviour from such a female student or employee towards that teacher or boss.

Don't be surprised when you see a female student behaving rudely towards a male teacher, she may either be lacking in home training or she is on a sexual adventure with another male teacher or older male. There may probably be a male teacher she respects and does not want to turn down his demonic request.

Young lady, listen to me: Never say “yes” to the advances of a teacher/lecturer/employer/boss in your school/office/university; no matter the threats, never give in. Go to God in prayers, report him to God and talk to your pastor or a trusted mature spiritual person about it.

You can deal with that devil on your knees!

I remember I was somewhere in a school talking on sexuality and some of the male teachers started frowning at me. I knew I had touched something there! Also, I realised that there are ladies/women who bask in the euphoria that they are in a sexual relationship with their teachers or lecturers or superiors. Wake up! Young lady! You are selling your birthright and you will pay for it dearly in the future if you do not repent.

Remember Esau,

“Lest, there be any fornicator, or profane person, as Esau, who for one morsel of meat sold his birthright; For ye know how that afterward, when he would have inherited the blessing, he was rejected: for he found no place of repentance, though he sought it carefully with tears”.
(Hebrews 12:16-17 KJV)

Don't wait for the point of no return. This doesn't apply to female folks alone. There was a young man in the University who was in sexual relationship with an older female lecturer, which was not for the purpose of marriage. Ensure that you don't jeopardise your future because of immediate gratification. Someone once said, “Those who don't see the ultimate become a slave to the immediate.”

What is the ultimate plan of God for your life? Do you have one? Why not face this plan and ignore every distraction, lay aside every weight and run the race that is set before you? YOU

WILL NEVER BE YOUNG TWICE. Don't sow wrong seeds into the future of your marriage and if you are married, don't pollute the holy seed already germinating with one night stand! The Lord will keep you and your marriage in Jesus' Name. (Amen).

Children who go to single sex schools ("girls only" or "boys only" schools) fall victim of homosexuality (sexual attraction to or sexual relations with somebody of the same sex) and masturbation (stroke genitals: to give yourself or somebody else sexual pleasure by stroking the genitals, usually to orgasm). Parents must ensure that their children are accountable to them about their sexuality, if they're going to gender specific schools.

School management personnel must put rules and regulations in place to curb these anti-social vices. When they begin to experience sexual urges, the absence of the opposite sex initiates the practice of same sex sexual activities. Similar situations take place among boarding students in their hostels. The younger generation use every available means to explore and exploit one other's sexuality. Therefore, hostel guardians must be at alert to check this.

School owners should look into activities their students can be engaged in during their free periods in school; such as: post term examination periods. This would prevent the perpetration of certain evil acts as some make it a custom to meet each other in toilets, empty classrooms and hideouts.

It is said that an idle brain is the devil's workshop. When there is nothing to do, they decide to keep themselves busy with sexual activities. Let us keep an eye on these children; we will not disappoint God who has entrusted them into our hands in Jesus Name. (Amen).

RELIGIOUS BELIEFS

This is Christian literature, though I discovered from my interaction with people from different denominations that we are not all practising the same things.

The standards are falling by the day and like Prophet Isaiah said, "...and judgment is turned away backward, and justice standeth afar off: for truth is fallen in the street, and equity cannot enter". (Isa. 59:14)

Also, in Jude:

"Beloved, when I gave all diligence to write unto you of the common salvation, it was needful for me to write unto you, and exhort you that ye should earnestly contend for the faith which was once delivered unto the saints." (Jude 1:3 KJV)

Sometimes, you hear young ladies ask if it is wrong to kiss in courtship, since they would eventually marry the man. The intention of such a question many times is not for them to know the truth but for the man of God to put a stamp of approval on their ungodly practices. We cannot deny the fact that some singles in courtship have not been properly schooled or they have been wrongly schooled on the biblical stand on these practices. A spiritual mentor

once said, “If preliminaries are a part of the programme that would lead to the award of a degree, so kissing is part of the process that will consummate into sexual union.”

A young lady once reported herself to me; she said, “Pastor, we didn't have sex, we just had romance and everything about me is in disarray – things are not the way it used to be.” It is the deception of the enemy to make us think that since one is not really having sex; a little romance is not bad after all. So many people did not plan to go far but they landed in unwanted pregnancy!

A belief that “Since we are getting married, we can sleep on the same bed” is erroneous. You are only inviting the devil to sup with you. This is often referred to as COHABITATION and even a blind Bartimaeus would not believe you if you say nothing happened when you slept on the same bed together!

Today, the doctrine of sexual compatibility is being perpetrated in some quarters. The question: “How do we know that we are sexually compatible, if we don't do it before marriage?” You need to understand that He that instituted marriage is not confused about your being sexually compatible or not. You must trust Him enough to make you choose right; you must also trust Him enough to make you sexually compatible. You don't need to do testing, testing. Let your mind be rested in God that brought you together.

“Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. (4) Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength: (5) For he bringeth down them that dwell on high; the lofty city, he layeth it low; he layeth it low, even to the ground; he bringeth it even to the dust”.(Isaiah 26:3-4 KJV)

BLOOD LINE/GENEALOGY

After personal study of the Scriptures and varying pastoral counselling, I discovered that one's bloodline has an impact on one's sexuality. A negative flow from one's bloodline or ancestors can affect one if one is not properly positioned in Christ and if one is not under a strong and effective pastoral leadership. I have seen men whose fathers had several wives and they also found themselves following the same pattern. When in the real sense they never planned to marry more than one wife originally.

You may be asking, how possible this is?

“Say, I pray thee, thou art my sister: that it may be well with me for thy sake; and my soul shall live because of thee.”(Genesis 12:13 KJV)

“And the men of the place asked him of his wife; and he said, She is my sister: for he feared to say, She is my wife; lest, said he, the men of the place should kill me for Rebekah; because she was fair to look upon.”(Genesis 26:7 KJV)

Isaac was not there when Abraham made this statement about his wife; yet he (Isaac) did the same thing. This is a by-product of defective bloodline. This is a family spirit (familiar spirit): A spirit that is peculiar to a family. It latches on to individuals born into a family tree

whether they know anything about it or especially if they are not properly positioned in the covenant we have in Christ Jesus.

Another example is found with Moses' challenge with anger, this came from his ancestral lineage (Levi) who slew a man in his anger with his brother Simeon.

“Simeon and Levi are brethren; instruments of cruelty are in their habitations. O my soul, come not thou into their secret; unto their assembly, mine honour, be not thou united: for in their anger they slew a man, and in their self-will they dug down a wall. Cursed be their anger, for it was fierce; and their wrath, for it was cruel: I will divide them in Jacob, and scatter them in Israel.” (Genesis 49:5-7 KJV)

A proper understanding of the sexuality album of our family will help us to know the area we need to pay attention to and where we need to be alert lest the enemy take advantage of us. Families where the father and mother have had sexual challenges in their growing up years can flow into the lives of their children, if not properly dealt with. A mother, who had various sexual relationships with several boys when she was a single, would later find out the same pattern in her daughter's life if not taught the ways of the Lord and guided during her growing up years.

Some parents who have been victims of rape later saw the same manifestation in their children's lives. As a parent who is in Christ, begin to shut down every negative flow in your sexuality and prevent them from getting into your children. Take authority over them and enforce the victory you have in Christ over that area of their lives.

As a child or an unmarried adult, ask God to shut down every form of ancestral flow into your spirit that is contrary to your destiny. Remind yourself what Christ has accomplished on the cross and become conscious of it. Do this now!

Some of the sexual misbehaviours in people's lives are as a result of ancestral flows.

Remember this:

Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son. (Colossians 1:13 KJV)

This portion of the Scriptures is in the past tense: “He hath delivered us.” He is not about to deliver us. Get that into your spirit. So it is illegal for you to be under that sexual bondage – that unusual appetite for the opposite sex – as a believer!

I command: Break free now in Jesus Name!

You have no relationship with the unfruitful works of darkness. The chains are broken off your life and destiny in Jesus' Name!

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Chapter 2

GOD'S ORIGINAL INTENTION FOR SEX

The first institution God created is the marriage institution, followed by the government, then the church. The first marriage took place in the Garden of Eden between Adam and Eve. It was on this platform that sexual union was initiated. God created sex to be practised unashamedly within the confines of marriage.

The portions of Scriptures that reveal the act of sexual union are:

“And Adam knew Eve his wife; and she conceived, and bare Cain, and said, I have gotten a man from the LORD.” (Genesis 4:1 KJV)

“And Adam knew his wife again; and she bare a son, and called his name Seth: For God, said she, hath appointed me another seed instead of Abel, whom Cain slew.” (Genesis 4:25 KJV)

“And Cain knew his wife; and she conceived, and bare Enoch: and he built a city, and called the name of the city, after the name of his son, Enoch.” (Genesis 4:17 KJV)

“And Onan knew that the seed should not be his; and it came to pass, when he went in unto his brother's wife, that he spilled it on the ground, lest that he should give seed to his brother.” (Genesis 38:9 KJV)

The word “knew” in the preceding verses means sexual intercourse. Also, “he went in unto” means sexual intercourse.

“And I went unto the prophetess; and she conceived, and bare a son. Then said the LORD to me, Call his name Mahershalalhashbaz.” (Isaiah 8:3 KJV)

The phrase “I went unto” connotes sexual intercourse.

The word “knew” used in the portions of Scriptures above is the same as the word translated “yada” in Hebrews which means recognition, care, observation. It means to discern, to discover, to comprehend.

Sexual union between a husband and wife releases the highest level of human knowledge and understanding between them on the face of the earth. It provides a supernatural connectivity between the two of them that sometimes they know things about each other without having discussed it before that time (especially when there is divine order in that marriage). When sexual union is practised within the confines of marriage, a high level of discoveries is made, not just about each other even about things and persons around them. Marriage indeed is a

mystery that is only decoded by those practising the biblical standards of marriage and sexual intimacy in marriage.

The word “yada” also means to regard, have respect and understanding. This sexual intimacy causes the couple within biblical boundaries to begin to have a fresh regard and respect for each other as they re-enact the marriage covenant through sexual intimacy at different times. This honour for God and themselves deepens and God is ultimately glorified. Suffice to say that God is always present wherever and whenever two people are having sexual intercourse. It is never without His eternal knowledge.

OTHER GOD-GIVEN PURPOSES FOR SEXUAL INTIMACY IN MARRIAGE

It unites the husband and wife in the three dimensions of their existence – the spirit, the soul and the body.

“Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.” (Genesis 2:24 KJV)

This unity of their spirits makes them a formidable force in the spirit. When they agree on a matter they generate result according to the will of God.

“Two are better than one; because they have a good reward for their labour.” (Ecclesiastes 4:9 KJV)

“For if they fall, the one will lift up his fellow: but woe to him that is alone when he falleth; for he hath not another to help him up.” (Ecclesiastes 4:10 KJV)

“Again, if two lie together, then they have heat: but how can one be warm alone?” (Ecclesiastes 4:11 KJV)

“And if one prevail against him, two shall withstand him; and a threefold cord is not quickly broken”. (Ecclesiastes 4:12 KJV)

The husband, the wife and God are a threefold cord that the enemy cannot access if they are in proper alignment with each other and with God (no hidden agenda or unclear motives). They would move faster than when they are alone. The right marriage provides acceleration for the fulfilment of their God-given purpose.

It brings comfort to both of them

After all the hustle and bustles of life, the home is the place where spouses comfort each other and bring tranquillity to the troubled waters of each other's souls via sexual intimacy.

“And Isaac brought her into his mother Sarah's tent, and took Rebekah, and she became his wife; and he loved her: and Isaac was comforted after his mother's death.” (Genesis 24:67 KJV)

It is for procreation or reproduction

When God brings a man and a woman together in marriage; it is to perpetuate and preserve a seed on the face of the earth.

“...Of fowls also of the air by sevens, the male and the female; to keep seed alive upon the face of all the earth.” (Genesis 7:3 KJV)

It is our heavenly father's joy for our children to surround our table and for your womb as a woman to reward Him with children.

Sexual intimacy is a defence against sexual temptation, though uncontrollable desire for sex is not a good reason to marry because any marriage built on sex alone cannot last

Sexual intimacy between husband and wife would shield them from any attack the enemy may launch on their sexuality.

“Nevertheless, to avoid fornication, let every man have his own wife, and let every woman have her own husband. Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband. The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife. Defraud ye not one the other, except it be with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.”
(1Corinthians 7:2-5 KJV)

It is important that a husband and wife agree on this, its frequency and its timing lest the enemy takes advantage of them.

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Chapter 3

MAN'S INTENTION FOR SEX

Sex is a good thing within the confines of marriage but outside it, it is a deadly sin against one's body. Let us refer again to the scripture used in the introductory page:

Romans 1:18-28 KJV

“For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who hold the truth in unrighteousness; (19) Because that which may be known of God is manifest in them; for God hath shewed it unto them. (20) For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Godhead; so that they are without excuse: (21) Because that, when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened.

(22) Professing themselves to be wise, they became fools, (23) And changed the glory of the incorruptible God into an image made like to corruptible man, and to birds, and four-footed beasts, and creeping things. (24) Wherefore God also gave them up to uncleanness through the lusts of their own hearts, to dishonour their own bodies between themselves: (25) Who changed the truth of God into a lie, and worshipped and served the creature more than the Creator, who is blessed forever. Amen.

(26) For this cause God gave them up unto vile affections: for even their women did change the natural use into that which is against nature: (27) And likewise also the men, leaving the natural use of the woman, burned in their lust one toward another; men with men working that which is unseemly, and receiving in themselves that recompense of their error which was meet. (28) And even as they did not like to retain God in their knowledge, God gave them over to a reprobate mind, to do those things which are not convenient.”

When people don't retain the knowledge of God in their knowledge, God gives them up to all manner of debased and animalistic behaviour. When man begins to turn the original use of his sexuality into an unholy use, he has been handed over to himself. Man's intention for sex includes (but not limited to) the following, each of which God has seriously prohibited as AN ABOMINATION that defiles the land (people's future/ destiny):

1. Bestiality

This is sex with animals. This is simply the bestiality of humanity – men mating with dogs, monkeys etc.

“Neither shalt thou lie with any beast to defile thyself therewith: neither shall any woman stand before a beast to lie down thereto: it is confusion.” (Leviticus 18:23 KJV)

2. Homosexuality

This is sexual attraction to or sexual relations with members of the same sex. I met a boy recently who feels attracted to boys like him.

Lesbianism (sexual relationship between a female and another female) from this definition can be said to be homosexuality. Another word for homosexuality is “gay” and it encompasses both men and women, but when there is a need to specify both genders, as in gay and lesbian alliances, gay describes men involved in such acts.

“Thou shalt not lie with mankind, as with womankind: it is abomination.” (Leviticus 18:22 KJV)

“And likewise also the men, leaving the natural use of the woman, burned in their lust one toward another; men with men working that which is unseemly, and receiving in themselves that recompense of their error which was meet.” (Romans 1:27 KJV)

3. Masturbation:

This is the excitation or the arousal of one's sexual organs by oneself to derive pleasure or satisfaction from it. An example is seen in a woman playing with her breasts or putting things in her vagina to excite herself; or a boy fondling with his external male sexual organ.

In some parts of the world, especially the Western world, it is considered normal. They see it as a way to ease the sexual pressure and tension stirred up in the body. Some said the Bible is not explicit about whether it is right or wrong.

God created sexual pleasure and fulfilment to be between two persons that are married, so any deviation from this order is lawlessness and against divine injunction. Sex is not supposed to be a one person affair, so saying that it is better than having the proper is a subtle strategy the enemy is using to take advantage of believers.

4. Incest

This is sexual relationship with one's family members or relatives (brother, sister, uncle, aunt, daughter-in-law, sister-in-law etc).

This can be seen in the following scriptures:

“None of you shall approach to any that is near of kin to him, to uncover their nakedness: I am the LORD.” (Leviticus 18:6 KJV)

“Thou shalt not uncover the nakedness of thy father's sister: she is thy father's near kinswoman.” (Leviticus 18:12 KJV)

“Thou shalt not uncover the nakedness of thy mother's sister: for she is thy mother's near kinswoman.”(Leviticus 18:13 KJV)

“Thou shalt not uncover the nakedness of thy father's brother; thou shalt not approach to his wife: she is thine aunt.”(Leviticus 18:14 KJV)

“Thou shalt not uncover the nakedness of thy daughter-in-law: she is thy son's wife; thou shalt not uncover her nakedness.” (Leviticus 18:15 KJV)

“Thou shalt not uncover the nakedness of thy brother's wife: it is thy brother's nakedness.” (Leviticus 18:16 KJV)

A 12-year old girl once told me that she had sexual activities with her 8-year old brother. This is an abomination.

5. Rape

This is the sexual penetration of a male or female by means of fear, force or fraud. It is a fusion of aggressive and sexual impulses by the attacker. Under this type of sexual perversion, we have:

a. Statutory Rape: This refers to the unlawful sexual intercourse between a woman and a man over the age of 16 and a female under the “age of consent”, which varies from 12 to 21 in different states.

b. Acquaintance rape: A form of rape in which the rapist is known to the victim. It is an increasing danger, particularly to young adults.

“But if a man find a betrothed damsel in the field and the man force her, and lie with her: then the man only that lay with her shall die:” (Deuteronomy 22:25 KJV)

“But unto the damsel thou shalt do nothing; there is in the damsel no sin worthy of death: for as when a man riseth against his neighbour, and slayeth him, even so is this matter:” (Deuteronomy 22:26 KJV)

“For he found her in the field, and the betrothed damsel cried, and there was none to save her.” (Deuteronomy 22:27 KJV)

From this portion of the Scriptures, rape was equated to MURDER. Therefore, anyone who rapes someone is a murderer. He can kill too.

In 2 Samuel 13:1-15, we see how Amnon raped Tamar his sister. Of course, the end product was hatred and rejection; this is because he stepped outside of God's boundary of sexual order.

6. Voyeurism

It is the act of obtaining sexual gratification by observing people undressing or involved in sexual activities. This is mostly done secretly without the knowledge or consent of the

person(s). The person who practises this is called a voyeur. It is unholy and against the law of God.

7. Sadism

This is becoming aroused by inflicting physical or psychological pain. It is out of God's order for sex.

8. Masochism

It is the act of obtaining sexual gratification by suffering physical or psychological pain from another person. This also, is against the biblical order.

9. Fetishism

This is the act of obtaining sexual pleasure from an inanimate object or part of the body other than the sexual organs. This is also an out-of-order kind of sex.

10. Paedophilia

This is a condition of being sexually involved with children as an adult. This is out of God's order too.

11. Transvestism

A condition in which someone seeks and obtain pleasure by wearing clothes associated with the opposite sex. This is against the law of the Lord.

12. Exhibitionism

It is a mental condition in which someone likes to show his/her sexual organs in public.

13. Prostitution

It is the act of engaging in sexual intercourse for money. The person who practises this is called a prostitute or a commercial sex worker. God never intended this for sex.

14. Pornography:

These are sexually explicit materials which include: films, magazines, writings, pictures, photographs, or other materials that are sexually explicit and are designed to stimulate sexual excitement. In some groups found in secondary schools and institutions of higher learning, they refer to it as blue film or *mojolisation (mojo)*.

It is an anti-scriptural practice and its purpose is to dismantle the order in the mind of a sane person.

Other Subtle Entry Points Into One's Sexuality:

Books

Your mind absorbs the information you read in a book. The books prevalent in a generation describe the mentality of that generation. Books capture the essence and principles of a society. There are so many books believers read today that are erotically tinted. Some books believers read today stir up sexual passion in them. The younger generation are more prone to reading and feeding their minds with these kinds of materials. They get up from this interaction and begin to desire to practise what they have read on someone or themselves.

Each time you read a book, you interact with the mind of the writer and the spirit of the writer. You have to be careful the kind of books you read. Learn to discern the spiritual side of a writer before you go too far in digesting the information inside. For this reason, as a pastor, I teach church members to get themselves saturated with the word of God before picking books to read. This is what will provide a sieve inside them to separate the wheat from the chaff of what they are reading.

The Eye Gate

What we see with our eyes affects our spirit. This is what pornography does. Be careful what you watch with your eyes! Other electronic equipment that gets the eye's attention include:

Television

Television sets used to watch movies, musical videos and all manners of obscene pictures on cable channels and home videos are ways of getting the eyes and heart into trouble. In the 1980's our local films were sane and full of moral values but today it is a different story entirely.

A lot of people have gotten their sexuality distorted by virtue of this means of communication. We must guard against watching home videos and channels that can lure us into immoral acts and cause a disorder in our mind and spirit.

The Internet Interaction

This either brings you into a blessing or bondage. It can either be a tool or a toy. We have millions of pornographic sites on the net today. The internet which should be an instrument of information, research, innovation and creativity can become a weapon of destruction and distortion. A lot of people today go to the net for dates and all manners of evil works that destroy their sexuality. Make sure you don't surf the net unless there is something serious for you to do.

The Ear Gate

“And he said unto them, Take heed what ye hear: with what measure ye mete, it shall be measured to you: and unto you that hear shall more be given.” (Mark 4:24 KJV)

You must be careful of what and who you give your EARTIME to. Who you listen to often forms your values and principles without knowing. Many people most times are unconscious teachers and learners of life. You must be a conscious learner and student of life; knowing those you need to separate from and stop hearing or listening to. If after speaking with someone, all you can pick is sexual thoughts and a desire to do something wrong, stay away from such people!

“Be not deceived: evil communications corrupt good manners.”. (1 Corinthians 15:33 KJV)

“He that walketh with wise men shall be wise: but a companion of fools shall be destroyed”.
(Proverbs 13:20 KJV)

If you walk with someone and his/her words strengthen negative habits and sexual urge (not with your spouse) inside of you, then change camp! Don't claim “super spirituality” or super man/woman or emotional macho man/woman. Leave him/her alone. Don't say, “I don't want him to feel lonely” or “I don't want her to think I'm running away from her.” Leave him/her alone, he/she may get angry or feel bad but it will make you free and enhance your life pursuit. It is better to be alone and be right than to be with someone or the multitude and be wrong.

Remember the Bible says, Thou shalt not follow a multitude to do evil; neither shalt thou speak in a cause to decline after many to wrest judgment (Exodus 23:2 KJV).

A girl once told me that she noticed her friends were always talking about pornography in class until one day she decided to go to the internet to browse and watch pornographic sites; feeding her eyes with destructive substances that damaged her soul. It was what she heard that resulted to this. Thank God she has been delivered!

Music

Music is another tool that can be used to inspire the soul or corrupt the soul. Music communicates the values in every generation. The younger generation (even the older generation) is so easily captured by 3M's: movies, music and models. The internet and football are not left out. All these are good instruments of entertainment and learning.

Music is used mainly for entertainment. Entertainment is from the word amusement. The word “muse” means “to think” so amusement mean “a-musement” i.e. “Don't think.”

So, when you are given to the wrong music, all the enemy wants to accomplish is to ensure that you don't think. “Dance to the beats, the lyrics does not matter, don't think.” He is saying, “Suspend your reasoning, dance to the music.”

You need to know that every form of music carries a spirit. When you as a man pick up a song with romantic and sexually woven wordings with a girl or lady in the room, you will definitely spark up each other's sexual desires. Don't say, “It doesn't matter, my Christianity is not as difficult as that. I want to take things easy; after all, I know those who seem to know God more than I do, who are singing the same songs.”

What is the ringing tone of your phone over time? It definitely reveals your values and beliefs!

So many people have listened to music that have reshaped their values negatively and influenced their spirit to do wrong things, make wrong decisions and take wrong steps. Engage your life in spiritual house cleansing. Let Christ be the Lord over the music you listen to. He is either the Lord of all, or He is not Lord at all!

I was in a church last year for a weeklong youth programme; after the teaching on one of the days, a police officer waited to see me based on what was shared on “The power and influence of music on one's soul and its astronomical impact on one's lifestyle”; he confessed that he and his fellow police officers listen to wrong music and have decided to end it with the teaching he heard. He came back the following day testifying he had burned all the tapes and CDs with these songs.

This is the type of radical decision you must make in order to have a 360 degree turnaround in your life. Stop being emotional with those songs and discs; Get up now and say “No” to them. They will not have your *ear time* anymore in Jesus Name. Amen.

The Mouth Gate

Some people feel that what you say to the opposite sex is not important. They claim they have been called to liberty. It is called freedom of expression. You cannot say because you are free to express what you like and then in your conversation with another man's wife you are using suggestive romantic and sexually coated expressions, you are only asking for trouble. We must practice guarded utterance when speaking to the opposite sex. Don't say what you don't mean.

“But take heed lest by any means this liberty of yours become a stumbling block to them that are weak.” (1 Corinthians 8:9 KJV)

There are brethren that are weak, on hearing such expressions begin to imagine all manners of things based on what you have said. The moment the opportunity presents itself, it may become a point of no return.

Most of the midnight calls a lot of young people engage themselves in, has landed them into sexual acts they never planned for. Guard your words jealously, make sure you don't provide a fertile ground for sexual sins.

“As free, and not using your liberty for a cloak of maliciousness, but as the servants of God.” (1 Peter 2:16 KJV)

I usually say this, that if all you discuss over the phone cannot be brought to the open without fear of been misinterpreted or fear of being seen as a sexual opportunist, then stop the conversation.

“And when this epistle is read among you, cause that it be read also in the church of the Laodicea's; and that ye likewise read the epistle from Laodicea.” (Colossians 4:16 KJV)

You must ensure that the words that emanate from your mouth are words of grace and of eternal substance.

Dressing

The church remains the only permanent answers to societal vices. She is to model the right dress code to the world.

You hear people say, “What you wear does not matter; it is a matter of the heart” but the fact is, whatever is in the heart will reflect on what you wear on the outside.

“And, behold, there met him a woman with the attire of an harlot, and subtle of heart.” (Proverbs 7:10 KJV)

If there is an attire of a harlot, I believe and know that there is an attire that a child of God can wear that depicts divine decency.

Dressing carries a spirit, for example, anywhere you see someone going naked without a dress, you'll know the spirit of insanity is around the corner. You cannot see a mad man in a three-piece suit. The spirit of nudity walks with the spirit of insanity. Spirits don't walk alone. They walk in allies. Anywhere you find the spirit of wisdom; you also find the spirit of understanding and the spirit of knowledge there.

There is a way a lady dresses and exposes her breasts that provides a platform for sexual molestation or rape. There is a way she flaunts her breasts or what she puts on, that invites the spirit of immorality into her life. As daughters of Zion, it is important we put on clothes that do not reveal what should be covered and clothes that show we are the daughters of the King of kings. You may have to change your wardrobe after reading this book. Let Jesus be seen in your dressing.

There is a way a brother also dresses that shows divine decency. When a brother leaves his house with slippers, unpressed clothes, uncombed hair and rolls one arm of his shirt, it releases the spirit of laxity and looseness on him gradually. Brothers should also dress properly not to be a stumbling block to the sisters. I am not promoting legalism; I seriously know there is a boundary for divine decency in dressing. He must be the Lord over what we wear if he indeed wears us on the inside!

A Word On Virginity

Virginity in our present society is considered an almost impossible posture for most people to maintain before marriage. Some believe that the only proof that you are a normal functioning single male or female is to have had sexual intercourse with the opposite sex. I like you to know that virginity is not a curse but a blessing.

It is the safest way to secure your future from regrets and sexually transmitted diseases. Young ladies have been deceived that if you have not tasted sex at all that it will be difficult on the wedding night. There is no time you do it for the first time that it will not require a measure of pain because you are breaking into something.

Disregard the belief of testing whether you will be compatible or not. If indeed God brought you together, he will ensure that you are compatible, as you both learn from each other. Drop the belief that everybody is doing it, keep yourself pure and chaste.

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Chapter 4

THE CONSEQUENCES OF PRE-AND EXTRA-MARITAL SEX

Every action or step we take whether in the positive or negative direction has consequences. Sexual immorality is not an exception to this. We should not wait for the consequence of disobedience to divine instruction before we embrace the reward of obedience.

“But whoso committeth adultery with a woman lacketh understanding: he that doeth it destroyeth his own soul.” (Proverbs 6:32 KJV)

Sexual immorality affects the tripartite aspect of man – His spirit, soul and body. Whether it is premarital sex (sex before marriage) or extramarital sex (sex with someone other than your spouse within marriage), a destructive cycle is initiated in the person's life. It doesn't matter the status or professional qualification and achievement of a person, the destructive cycle is the same. When the soul of a man is destroyed, his life is already destroyed.

The soul of a man is tripartite in nature. It is made up of the will, intellect and the emotions. Let us examine carefully the effect of sexual immorality on these three departments of the soul of man.

The Will

When a person gets involved in sexual immorality, the person's ability to stand on what he/she believes becomes weakened. He/she tends to find it difficult to be firm and resolute about his/her initial convictions on matters of life. When resistance is broken in one area to doing what is wrong it has a ripple effect in other areas of our lives. When you let down your guard in one area of life, it will affect other areas.

There are students and even businessmen who after these sexual experiences find it difficult to concentrate on their studies and do business the way they ought to go about it. The power to make right decisions and right choices wanes. After David was involved in adultery he lacked the willpower to correct the incestuous practices of his children.

Decision of the individual becomes weak especially in deciding for the right things. Indecision which is a form of decision takes over the life of that individual. Procrastination becomes an evident lifestyle in the individual's life. His/her values and perception of life is distorted and what used to be done with ease becomes a struggle.

Premarital/extramarital sex re-dimensions and reconfigures the individual's mind. For example, if the mind was a square-shaped figure, it becomes rectangular-shaped. The thinking pattern of the individual will definitely be altered.

Intellectual Damage

The intellect has to do with the reasoning power or level of an individual. Sexual immorality also affects the intellect. The ability to compare facts with facts is lowered. So many students who were academically sound before they got into this act claimed they dropped academically after they got involved in various sexual experiences. The capacity for accurate judgement of things and situations is affected. The soul becomes an attractant of negative information rather than positive information.

Emotional Infiltration

- Negative emotions become predominant in the individual's daily emotional life.
- The tendency to get angry easily, feelings of hatred increase especially if the individual is a victim of rape.
- Violence, depression, discouragement, frustration, and inferiority complex (feeling less of oneself) set in.

So many people have expressed in words to me, the strange emotional feelings they felt after engaging in sexual immorality. One of the attributes of sexual immorality is that it has the appetite for enlarging itself.

Case Studies

Abraham and Hagar. Genesis 16:1-6

Though the Bible was not explicit about what happened in Abraham's thought life, I am convinced beyond reasonable doubt that sexual sins don't just happen; it starts from the eyes, then the mind, before the body follows. Yes it is true that Sarah brought the suggestion, but Abraham had also been thinking about it, because his response did not show any hesitation.

“And he went in unto Hagar, and she conceived: and when she saw that she had conceived, her mistress was despised in her eyes.”(Genesis 16:4 KJV)

One of the things adultery brings is shame. It produced pride and arrogance in Hagar and brought untold hardship to her. From this scenario, Sarai, became bitter. Sexual relationship between Abraham and Hagar produced bitterness. Wherever you find bitterness, you find the spirit of revenge and death.

For Ishmael, he grew up without a father. It made him a violent man. Obviously, this adulterous relationship produced a child born outside wedlock and outside the covenant. After this, there was a thirteen year gap in divine communication between Abraham and God. Sexual sins shut down the heavens over a child of God. It makes the heavens to become brass and one's ways become hard. It destroys a believer's testimony and ministry. When you engage in sex outside of marriage, you open the gates into the spiritual realm illegally for familiar spirits to gain access into your life.

There are people who have slept with different kinds of persons at different times and they are definitely carrying different spirits about. Why? Sexual intercourse is not just about pleasure; a spiritual exchange between the two partners is involved. The more detailed part of this transaction is that you are not the only person that suffers from it, it includes children that are yet to be born, and they are already programmed into it. It takes a strong prayer life and word depth to break away from it.

David and Bathsheba. 2 Sam.11:1-13.

(1) And it came to pass, after the year was expired, at the time when kings go forth to battle, that David sent Joab, and his servants with him, and all Israel; and they destroyed the children of Ammon, and besieged Rabbah. But David tarried still at Jerusalem. (2) And it came to pass in an evening, that David arose from off his bed, and walked upon the roof of the king's house: and from the roof he saw a woman washing herself; and the woman was very beautiful to look upon. (3) And David sent and enquired after the woman. And one said, Is not this Bathsheba, the daughter of Eliam, the wife of Uriah the Hittite? (4) And David sent messengers, and took her; and she came in unto him, and he lay with her; for she was purified from her uncleanness: and she returned unto her house. (5) And the woman conceived, and sent and told David, and said, "I am with child". (6) And David sent to Joab, saying, Send me Uriah the Hittite. And Joab sent Uriah to David. (7) And when Uriah was come unto him, David demanded of him how Joab did, and how the people did, and how the war prospered. (8) And David said to Uriah, Go down to thy house, and wash thy feet. And Uriah departed out of the king's house, and there followed him a mess of meat from the king. (9) But Uriah slept at the door of the king's house with all the servants of his lord, and went not down to his house. (10) And when they had told David, saying, Uriah went not down unto his house, David said unto Uriah, Camest thou not from thy journey? Why then didst thou not go down unto thine house? (11) And Uriah said unto David, The ark, and Israel, and Judah, abide in tents; and my lord Joab, and the servants of my lord, are encamped in the open fields; shall I then go into mine house, to eat and to drink, and to lie with my wife? As thou livest, and as thy soul liveth, I will not do this thing. (12) And David said to Uriah, Tarry here today also, and tomorrow I will let thee depart. So Uriah abode in Jerusalem that day, and the morrow. (13) And when David had called him, he did eat and drink before him; and he made him drunk: and at even he went out to lie on his bed with the servants of his lord, but went not down to his house. (2 Samuel 11:1-13 KJV)

From David's life, we can see that when a man leaves his primary place of assignment, he is prone to temptation in which most times he becomes a victim of that temptation. It is rare for sexual sins to happen on the road, or on the streets, it is either in the dark, in an enclosed place beyond the eye of a third party or any close observer. This is why young people and those in courtship must avoid staying alone in rooms and places alone. This is to avoid pushing themselves beyond their emotional limits.

David's eyes, apart from the fact that he was in the wrong place which was the beginning of his journey into adultery, first engaged in mental adultery (the lusting after the opposite sex in your mind) before the real act of sex.

Jesus said, (Matthew 5:28 KJV) "But I say unto you, that whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart".

Based on this scripture, assuming, David did nothing physically with her, in his mind he is already engaged in adultery via his eye gate. The consequence of this act is what we are all reading in the Holy Scriptures today. He had sown a singular seed of adultery with Bathsheba and murdering Uriah, the husband of the woman in question. He reaped four-fold consequence of the act:

- The death of the child that came from this unholy act. 2 Sam.12:15-23
- The death of Absalom, his son who also slept with his father's concubine without shame. 11 Samuel 18:1-18.
- The death of Adonijah. 1 Kings 2; 13-25 - The death of Amnon. 11 Sam.13:23-33

People in sexual immorality would have to lie to cover up their sin. In David's case, like some people do, they would have to kill to cover up their sexual blunder. From the series of happenings in David's life and family, it implies that each time you commit sexual immorality, something dies around you and within you; this would definitely affect those connected to you biologically and spiritually. It is therefore a journey that should not begin at all because the pain is much more grievous than the momentary pleasure (that is if it is pleasurable at all).

2 Samuel 13:1-20 KJV:

(1) And it came to pass after this, that Absalom the son of David had a fair sister, whose name was Tamar; and Amnon the son of David loved her. (2) And Amnon was so vexed, that he fell sick for his sister Tamar; for she was a virgin; and Amnon thought it hard for him to do any thing to her. (3) But Amnon had a friend, whose name was Jonadab, the son of Shimeah David's brother: and Jonadab was a very subtil man. (4) And he said unto him, Why art thou, being the king's son, lean from day to day? Wilt thou not tell me? And Amnon said unto him, I love Tamar, my brother Absalom's sister. (5) And Jonadab said unto him, Lay thee down on thy bed, and make thyself sick: and when thy father cometh to see thee, say

unto him, I pray thee, let my sister Tamar come, and give me meat, and dress the meat in my sight, that I may see it, and eat it at her hand. (6) So Amnon lay down, and made himself sick: and when the king was come to see him, Amnon said unto the king, I pray thee, let Tamar my sister come, and make me a couple of cakes in my sight, that I may eat at her hand. (7) Then David sent home to Tamar, saying, Go now to thy brother Amnon's house, and dress him meat. (8) So Tamar went to her brother Amnon's house; and he was laid down. And she took flour, and kneaded it, and made cakes in his sight, and did bake the cakes. (9) And she took a pan, and poured them out before him; but he refused to eat. And Amnon said, Have out all men from me. And they went out every man from him. (10) And Amnon said unto Tamar, Bring the meat into the chamber, that I may eat of thine hand. And Tamar took the cakes which she had made, and brought them into the chamber to Amnon her brother. (11) And when she had brought them unto him to eat, he took hold of her, and said unto her, Come lie with me, my sister. (12) And she answered him, Nay, my brother, do not force me; for no such thing ought to be done in Israel: do not thou this folly. (13) And I, whither shall I cause my shame to go? And as for thee, thou shalt be as one of the fools in Israel. Now therefore, I pray thee, speak unto the king; for he will not withhold me from thee. (14) Howbeit he would not hearken unto her voice: but, being stronger than she, forced her, and lay with her. (15) Then Amnon hated her exceedingly; so that the hatred wherewith he hated her was greater than the love wherewith he had loved her. And Amnon said unto her, Arise, be gone. (16) And she said unto him, There is no cause: this evil in sending me away is greater than the other that thou didst unto me. But he would not hearken unto her. (17) Then he called his servant that ministered unto him, and said, Put now this woman out from me, and bolt the door after her. (18) And she had a garment of divers colours upon her: for with such robes were the king's daughters that were virgins apparelled. Then his servant brought her out, and bolted the door after her. (19) And Tamar put ashes on her head, and rent her garment of divers colours that was on her, and laid her hand on her head, and went on crying. (20) And Absalom her brother said unto her, Hath Amnon thy brother been with thee? But hold now thy peace, my sister: he is thy brother; regard not this thing. So Tamar remained desolate in her brother Absalom's house.

We see from 2 Samuel 13:1-20, that Amnon began to lust after his own sister which resulted in incest within the family. Absalom also slept with his father's wife before all Israel in 11 Samuel 16:20-22. Adversaries begin to rise against King David after this. Those who were meant to stand by him betrayed him. A good example of this is Ahithophel, one of the king's faithful counsellors. He counselled Absalom against his father. Sorrow and crying became the attendant emotional disposition of David following the death of Amnon; murdered by his son Absalom. He also wept bitterly for the death of Absalom

“And the king was much moved, and went up to the chamber over the gate, and wept: and as he went, thus he said, O my son Absalom, my son, my son Absalom! Would God I had died for thee, O Absalom, my son, my son!” (2 Samuel 18:33 KJV)

My fellow child of God, the sin of immorality is deadly. It brings untold sorrow, pain and anguish to the individual involved. Flee all appearances of it. The sexual disorders and murderous acts in King David's family remain traceable to one night stand with Bathsheba.

Some people's finances and businesses have been crippled because of this act. They refuse to tell God or even their wives about it. They hide it away from their pastors and their parents, those who could have brought Godly counsel, correction and covering into their lives.

When Solomon became king, he did not just repeat what his father did, he multiplied it, beyond geometric progression – seven hundred wives and three hundred concubines. Little wonder they turned his heart away from God. When a man turns away from God's word, he has automatically turned away from his Creator.

Samson And Delilah

Judges 16:4-31 KJV:

(4) And it came to pass afterward, that he loved a woman in the valley of Sorek, whose name was Delilah. (5) And the lords of the Philistines came up unto her, and said unto her, Entice him, and see wherein his great strength lieth, and by what means we may prevail against him, that we may bind him to afflict him: and we will give thee every one of us eleven hundred pieces of silver. (6) And Delilah said to Samson, Tell me, I pray thee, wherein thy great strength lieth, and wherewith thou mightest be bound to afflict thee. (7) And Samson said unto her, If they bind me with seven green withs that were never dried, then shall I be weak, and be as another man. (8) Then the lords of the Philistines brought up to her seven green withs which had not been dried, and she bound him with them. (9) Now there were men lying in wait, abiding with her in the chamber. And she said unto him, The Philistines be upon thee, Samson. And he brake the withs, as a thread of tow is broken when it toucheth the fire So his strength was not known.

(10) And Delilah said unto Samson, Behold, thou hast mocked me, and told me lies: now tell me, I pray thee, wherewith thou mightest be bound. (11) And he said unto her, If they bind me fast with new ropes that never were occupied, then shall I be weak, and be as another man. (12) Delilah therefore took new ropes, and bound him therewith, and said unto him, The Philistines be upon thee, Samson. And there were liars in wait abiding in the chamber. And he brake them from off his arms like a thread. (13) And Delilah said unto Samson, Hitherto thou hast mocked me, and told me lies: tell me wherewith thou mightest be bound. And he said unto her, If thou weavest the seven locks of my head with the web. (14) And she fastened it with the pin, and said unto him, The Philistines be upon thee, Samson. And he awaked out of his sleep, and went away with the pin of the beam, and with the web. (15) And she said unto him, How canst thou say, I love thee, when thine heart is not with me? thou hast mocked me these three times, and hast not told me wherein thy great strength lieth.

(16) And it came to pass, when she pressed him daily with her words, and urged him, so that his soul was vexed unto death; (17) That he told her all his heart, and said unto her, There hath not come a razor upon mine head; for I have been a Nazarite unto God from my mother's womb: if I be shaven, then my strength will go from me, and I shall become weak, and be like any other man. (18) And when Delilah saw that he had told her all his heart, she sent and

called for the lords of the Philistines, saying, Come up this once, for he hath shewed me all his heart. Then the lords of the Philistines came up unto her, and brought money in their hand. (19) And she made him sleep upon her knees; and she called for a man, and she caused him to shave off the seven locks of his head; and she began to afflict him, and his strength went from him. (20) And she said, The Philistines be upon thee, Samson. And he awoke out of his sleep, and said, I will go out as at other times before, and shake myself. And he wist not that the LORD was departed from him.

(21) But the Philistines took him, and put out his eyes, and brought him down to Gaza, and bound him with fetters of brass; and he did grind in the prison house. (22) Howbeit the hair of his head began to grow again after he was shaven. (23) Then the lords of the Philistines gathered them together for to offer a great sacrifice unto Dagon their god, and to rejoice: for they said, Our god hath delivered Samson our enemy into our hand. (24) And when the people saw him, they praised their god: for they said, Our god hath delivered into our hands our enemy, and the destroyer of our country, which slew many of us. (25) And it came to pass, when their hearts were merry, that they said, Call for Samson, that he may make us sport. And they called for Samson out of the prison house; and he made them sport: and they set him between the pillars. (26) And Samson said unto the lad that held him by the hand, Suffer me that I may feel the pillars whereupon the house standeth, that I may lean upon them. (27) Now the house was full of men and women; and all the lords of the Philistines were there; and there were upon the roof about three thousand men and women that beheld while Samson made sport.

(28) And Samson called unto the LORD, and said, O Lord GOD, remember me, I pray thee, and strengthen me, I pray thee, only this once, O God, that I may be at once avenged of the Philistines for my two eyes. (29) And Samson took hold of the two middle pillars upon which the house stood, and on which it was borne up, of the one with his right hand, and of the other with his left. (30) And Samson said, Let me die with the Philistines. And he bowed himself with all his might; and the house fell upon the lords, and upon all the people that were therein. So the dead which he slew at his death were more than they which he slew in his life. (31) Then his brethren and all the house of his father came down, and took him, and brought him up, and buried him between Zorah and Eshtaol in the burying place of Manoah his father. And he judged Israel twenty years.

Before we go into the incidence that took place between Samson and Delilah, I would like to point out that Samson already had an eye on women before now.

Judges 14:1-2 KJV:

(1) And Samson went down to Timnath, and saw a woman in Timnath of the daughters of the Philistines. (2) And he came up, and told his father and his mother, and said, I have seen a woman in Timnath of the daughters of the Philistines: now therefore get her for me to wife.

Note here, that Samson saw her for the first time and the next thing was, he wanted to have her.

“Then went Samson to Gaza, and saw there a harlot, and went in unto her”. (Judges 16:1 KJV)

It appeared that Samson loses his self control the moment he sights a woman. The restraining power of the Holy Spirit seems not to have a grip on his flesh. Although powerful (he killed a thousand men with the fresh jawbone of an ass), Samson began to break his consecration – the constituents of his anointing – as he committed immorality with women of easy virtue.

“And it came to pass afterward, that he loved a woman in the valley of Sorek, whose name was Delilah”. (Judges 16:4 KJV).

This particular sexual involvement marked the end of his twenty years of ministry!

It is possible that you have been engaging in sexual sins with your secretary, that choir member, your boss and nobody seems to notice, or nothing seems to have gone wrong around you or within you; so did Samson! Pay attention to this! What destroys a great man starts as a seed of destruction in his life; it grows and continues to grow until it is fully mature with branches, roots, taproots, flowers and eventually the fruit. Don't think you are already getting away with the act; confess and forsake it now and Christ will heal you!

Samson broke his consecration of twenty years on the laps of Delilah, his two eyes which represented his capacity for personal vision were plucked out by the Philistines. Sexual sins have a devastating effect on personal vision that is from God, it blurs and blocks it. These two eyes were the source of his problem; they took the call of God upon his life away from him. Sexual sins in your life will give the enemy an opportunity to mock God and blaspheme the name of the Lord. It opens the back door of your life to the enemy to carry out his evil intention.

Here is a word of wisdom of God:

He that diggeth a pit shall fall into it; and whoso breaketh an hedge, a serpent shall bite him. The covering or hedge over a child of God is broken via sin (sexual sin). (Ecclesiastes 10:8 KJV)

Samson broke the hedge by revealing the secrets of his anointing and the enemy got him right there. Have you broken the hedge already? Are you already seeing the strategic invasion of the enemy in your camp because of sexual sins? Rise up and talk to your father in heaven; ask Him to help you and He will indeed save you. It was evident that when Samson cried to God in his backslidden state, God heard him for his name was mentioned among the heroes of faith in Hebrews:

“And what shall I more say? For the time would fail me to tell of Gideon, and of Barak, and of Samson, and of Jephthae; of David also, and Samuel, and of the prophets”: (Hebrews 11:32 KJV)

The devil wanted to end his life there but God avenged him of the Philistines for his two eyes.

“And Samson said; Let me die with the Philistines. And he bowed himself with all his might; and the house fell upon the lords, and upon all the people that were therein. So the dead which he slew at his death were more than they which he slew in his life.” (Judges 16:30 KJV)

A Word on Masturbation

Although, we have defined masturbation in the previous chapter, I'll like to add that according to statistics, not less than 50% of men have been engaged in the act of masturbation before they reached adulthood. Most young men did it out of ignorance, not knowing it was wrong to do such a thing. Masturbation causes the individual to lose confidence in himself/herself as he/she feels less of himself/herself. The victims of rejection, out of feelings of loneliness and emptiness, want to bring satisfaction and fulfilment to themselves by engaging in this act. The only person that can fill this void or emptiness and bring meaning to one's life is Jesus Christ and not MASTURBATION. It would only supply temporary satisfaction of which you would want to repeat the act again and again until it becomes a STRONGHOLD. Also, you may need a spiritual authority to break this stronghold over your life.

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Chapter 5

GOD'S ANSWER TO SEXUAL SINS

God's ultimate desire for his children is that they are delivered from sin, especially sexual sin (though sin is sin) so that their fellowship with Him can be unhindered. The reason sexual sin has to be meticulously handled is this: It is a sin against man's own body. It affects man's spirit which is the medium of communication with the Holy Spirit.

“Know ye not that your bodies are the members of Christ? Shall I then take the members of Christ, and make them the members of a harlot? God forbid. What? Know ye not that he which is joined to an harlot is one body? For two, saith he, shall be one flesh. But he that is joined unto the Lord is one spirit. Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body. What? Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.” (1 Corinthians 6:15-20 KJV)

Someone might say: “but sin is sin” Yes! God forgives you instantly when you ask for forgiveness and fully repent; however, some of the damage that has been done will take a process of time to be completely healed. There has to be cooperation between man and God for this to happen, otherwise the dog will return to its litters. The deeper someone has gone into sexual immorality, the more time it takes for the physical healing to be effected (though spiritual healing happens instantly the moment one confesses and repents). We have seen that by repetitive act of disobedience, our heart is made hardened against obedience to God's word. The following steps will enhance this recovery process for any individual no matter the depth of the act involved.

Confession: The first step to freedom from sexual sins is confession of your sins to your maker. To confess means to make an acknowledgement or admission of sin with your mouth.

“If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.” (1 John 1:9 KJV)

When you confess your sins without covering them, mercy is released from the throne of grace because he saw you when you were deep in the act.

“He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy”. (Proverbs 28:13 KJV)

Repentance: It simply means forsaking or turning away from sin. Most of the time, a lot of people confess their sexual sins without genuine repentance, they keep going back to it, claiming it is the devil's work while in the actual sense, they are unrepentant – they enjoy the passing pleasures of sin. If they continue this way, their conscience becomes adjusted until they no longer feel remorse for sin.

Repentance in this sense may mean:

stopping the visit to the opposite sex you have an affair with;

to stop picking his/her calls;

deleting his/her text messages the moment they enter your phone – this helps you eliminate sexual programming of your mind;

avoiding conversations or contact with him/her.

In the case of masturbation, you will have to stay away from the environment, object or things that stir up this unholy sexual desire inside you.

Repentance is a radical shift from what you used to be or do to what you ought to be or do. The Holy Spirit inside you enables this to happen as you yield to Him.

*“For it is God which worketh in you both to will and to do of his good pleasure.”
(Philippians 2:13 KJV)*

The Holy Spirit is working out repentance inside of you! Take that bold step and burn all those pornographic films. You can do all things through Christ that strengthens you.

“I can do all things through Christ which strengtheneth me.” (Philippians 4:13 KJV)

I declare right now that you are free from that addiction in Jesus Name!!!

Accountability: Being accountable simply means you are properly submitted to the spiritual authority over you. This is possible when you are in the right church (where God wants you to be) and you are practising right churching (you are properly connected to your pastor and you do not hide things from him/her that he/she needs to know about). The essence of accountability on sexual sins to pastors or sometimes godly parents is not for them to take the place of God in your life but to serve as spiritual covering and checks until you are totally free as they put you under godly structures and exercises that are meant to straighten out that which has been made crooked.

There is something about knowing that someone (whom you respect and honour) will ask you “have you done it again?” that makes you not want to disappoint God or that person. I believe strongly that spiritual accountability will set a lot of people free faster from sexual sins than trying to handle it by themselves. Look out for the right spiritually matured pastor which I believe should be your pastor. If he is not, I encourage you to prayerfully locate one. Don't die in silence! Sexual sins will always root out all your increase. I believe you should

be able to discuss anything with your pastor without having to feel ashamed or afraid; we are all vessels of grace and mercy. It is safer for brothers to meet male pastors and sisters meet female pastors in order to guard against temptation.

“Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.” (James 5:16 KJV)

Confession to the right spiritual authority will accelerate healing than we can imagine. Arise and share with your pastor what you are going through. That lady/man must not hold you bound!

Praying more in tongues: Praying in Tongues is not just a means of edification for believers as 1 Corinthians 14: 4 says. It also has a refreshing and a cleansing effect on the soul that has been damaged due to sexual sins. Prolonged and extended periods of praying in tongues is a force in providing stability for your spirit after confession and genuine repentance from sexual sins. Start from where you are! As little as 5 minutes daily and increasing it gradually to 10 minutes, 15 minutes, 20 minutes, 30 minutes, 1 hour until you become a *captive* of the Holy spirit. You will not only be fully delivered, your sensitivity to the Holy Spirit will become sharper. Get up and start now, the devil is defeated already. Hallelujah!

Spending more time reading and confessing the scriptures: The word of God has cleansing effect on us as we read and confess it. Jesus said to his disciples (John 15:2), “You are already clean because of the word which I have spoken to you.”

“That he might sanctify and cleanse it with the washing of water by the word” (Ephesians 5:26 KJV)

“Young people can live a clean life by obeying the word of God.” (Psalm 119:9) CEV

When a patient that is sick is given drugs, he/she has to take the drugs consistently as prescribed, until he/she finishes it; so also you must keep taking numerous portions of the scriptures, reading and confessing them to help build structures inside you that will make you stand strong against sexual sins. It should not be done for a while; it must be done continuously, soaking it in daily and deliberately, for transformation of the disordered soul (will, intellect and emotions).

“And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.” (Romans 12:2 KJV)

Below are some scriptural confessions that will enhance your deliverance from lust and sexual sins.

- The thoughts of the righteous are right. I am righteous in Christ and my thoughts are right. Proverbs 12:5; 1 Corinthians 5:21
- I cast down arguments and every high thing that exalts itself against the knowledge of God bringing down every thought into captivity to the obedience of Christ. (1 Corinthians 10:5)
- I think only of those things that are true, noble, just, pure, lovely and of good report. I think on those things which have virtue and are praiseworthy (Philippians 4:8)
- God keeps me in perfect peace because my mind is stayed on Him and I trust in Him (Isaiah 26:3).
- God puts His law in my heart, He is my God and I'm His child. (Hebrews 8:10)
- I gird up the loins of my mind (1 Peter 1:13)
- I arm myself with the mind of Christ (1 Peter 4:1)
- The peace of God which passes all understanding guards my heart and my mind through Christ Jesus. (Philippians 4:7)
- My mind serves the law of God. (Romans 7:25)
- I live according to the spirit and mind the things of the spirit. I am spiritually minded and have life and peace. (Romans 8:5, 6)
- I am renewed in the spirit of my mind. (Ephesians 4: 23)
- I set my mind on the things above and not on the things of the world. (Colossians 3: 2)

Confess these scriptures once, twice, thrice daily as many times as you can. Your victory is sure in Christ Jesus.

“For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.” (1 John 5:4 KJV)

Getting involved in church work: When you involve yourself in spiritual activities in church, it has an overall effect on your spirit, soul and body. Your mind gets busy with more things that build you up – not on frivolity. This is productive when done under the atmosphere of spiritual leadership. You can also get yourself busy by doing a work that is productive; ranging from house chores to learning a line of business.

Fasting: This is indeed helpful in that it helps you to subdue the flesh and makes it easier for you to yield your members to the Holy Spirit. It increases your capacity to be sensitive to the Holy Spirit. It must be done in understanding knowing that it does not change God. He is the

same before, during and after the fast. It only incapacitates the flesh's activities. It profits more if done in the atmosphere of speaking in tongues and praying in understanding.

Praying in understanding: It is profitable to pray in understanding when dealing with sexual sins. The following prayer points will help you overcome sexual sins:

- I break myself free from every spirit of sexual immorality in Jesus' name.
- I release myself from every spiritual pollution emanating from my past sins of fornication, lesbianism, masturbation, adultery, homosexuality in Jesus' Name.
- I release myself from every ancestral pollution in Jesus' name.
- I release myself from every dream pollution, in Jesus' name.
- Every demon of sexual immorality assigned to my life, be bound in Jesus' name.
- Father, let the power of sexual immorality oppressing my life be destroyed in Jesus' name.
- I command every force or power of sexual immorality to come against themselves in the name of Jesus.
- Father, let every demonic stronghold built in my life by the spirit of sexual immorality be pulled down in the name of Jesus.
- I claim my complete deliverance in the name of Jesus from the spirit of fornication and sexual immorality.
- Let my eyes be delivered from lustfulness in Jesus name. As from today let my eyes be controlled by the Holy Spirit in the name of Jesus.
- I move from bondage to liberty in every area of my life in Jesus' name.
- I remove all evil soul ties and affections with (mention his/her name) in the name of Jesus.
- I come against every desire and expectation of the enemy to engage me in any unprofitable relationship in Jesus' name.
- I break every ungodly relationship in the name of Jesus.
- I renounce all hidden evil soul ties in the name of Jesus.
- I remove all mind control manipulations between me and any friend or family member in the name of Jesus.
- I claim deliverance from any negative affection towards anyone in the name of Jesus.

Staying in an atmosphere where God's word is taught consistently and progressively:

This also will help put structures in your sexuality. The right words are necessary to birth faith and faithfulness to God's commandments in you. Going to a church where the truth of God's word is not emphasised will not only affect your spiritual growth, it will also encourage those strange habits to keep repeating themselves.

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Chapter 6

RAISING A SEXUALLY PURE GENERATION

I believe strongly that it is possible to have not just a HIV-free generation but a sexually pure generation untainted by the pressures of their environment. The greatest antidote against sexual sins is knowing who you are in Christ and discovering your life's purpose early! When you don't have an understanding of who you are in Christ and what your life's purpose is, you will begin to pay attention to that which does not edify but destroys. Discovering your life's purpose early and walking in that purpose will birth focus inside you and keep you from the entanglement of sexual sins.

A lot of believers are either doing the wrong thing or are on the wrong job – this gives rise to frustration as there is no fulfilment in what they are doing. Spend time in God's presence and let Him show you the field He has blessed for you as He grants you a baptism of precision! As you find it, cultivate it and it will yield unending harvest for you. Considering that you will only pass through this planet once, don't you think it is necessary to locate the blueprint of your life now? For there are few men that know the path which God has marked for them! You can be part of that few. Don't be in a hurry. It will preserve you from pain, worry and every form of regret and negative emotions. Get busy with your divine assignment as you locate His plan for you in HIS MASTER PLAN.

This generation is crying for answers to societal problems, you can be the Joseph in Egypt; you can be the Daniel in Babylon. It's time to dissolve enigmas, decode hard sentences and interpret dreams of kings in the market place of the world as a sexually pure vessel in the hands of the Lord. God is counting on you! Your sexual purity will attract divine attention, it will open up nations to you; it will build for you a great marriage and preserve your seed after you.

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About the Author



Mobolaji Adeyemi is the President and Senior Pastor of Firstborn Faith International Christian Centre based in Lagos, Nigeria, with a mandate to “Lift up the banner of truth in the midst of falling standards.” He is the founder of Christian Leaders Network, a network that consists of students of higher institutions, NYSC members, young professionals, ministers of the Gospel and entrepreneurs. The network holds a biannual conference with a vision to “Raise leaders for personal and national transformation.”

He and his wife co-host the acclaimed covenant men and women monthly meeting which has helped redefine manhood and womanhood from the biblical perspective in many lives. He is the Principal Consultant of Rock Pattern International, a consulting outfit that consults for schools, churches, hospitals and other organisations on issues that border on management, leadership, relationship and business.

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